CONGREGATION ADATH JESHURUN CONGREGATION ADATH JESHURUN March/April 2025 • Adar/Nisan/Iyar 5785 Vol. 109 • No. 4

Liberalism and Illiberalism: Clarifying the Confusion

By Rav Shai Cherry



At the end of January, we kicked off our 2025 Lunch 'n Learns with David Bernstein, the founder and CEO of the Jewish Institute of Liberal Values (JILV) and author of *Woke Antisemitism: How a Progressive Ideology Harms Jews*.

I began by asking Mr. Bernstein to explain the distinction between the two uses of *liberal*. The Jewish

Institute for Liberal Values, for example, uses the term *liberal* in its classical, Enlightenment sense of promoting individual liberty and freedom of speech. In American politics, a different sense of the word *liberal* points to left-of-center policies. The Jewish Institute for Liberal Values is not a left-of-center institution — they are concerned about the pernicious effects of cancel culture, the suppression of free speech, and the rise of antisemitism among those who have misappropriated and corrupted theories of post-colonialism and anti-racist ideologies. (For those wanting a book recommendation on this phenomenon, try *The Identity Trap* by Yashka Mounk.) To put it bluntly, since the Enlightenment, Jews have thrived under liberal regimes. JILV wants to keep our own regime liberal.

Although JILV focuses on illiberalism from the left, at the moment, the greatest threat to liberalism is from President Trump and his administration. (Consider, for example, Trump's lawsuits against news organization for unflattering coverage.) What makes the position of American Jews doubly uncomfortable is that while our values tend to overlap more with those on the left of the political spectrum, it is primarily the politicians on the right who are speaking out against antisemitism and anti-Zionism.

Congresswoman Elise Stefanik (R) was the star of the Congressional hearings on campus antisemitism by asking if a call to genocide against Jewish students was a violation of the school's code of conduct. It's a pretty low bar, but we Jews didn't seem to have too many other champions. Alexandria Ocasio-Cortez wasn't moved to condemn antisemitism until she saw it in action, and was shocked, at an anti-Israel protest in front of the Nova Exhibit commemorating the dance-turned-slaughter site of October 7.

There's nothing illiberal about calling out antisemitism. But here is something that is obviously illiberal that Mr. Bernstein preferred not to discuss:

Some of the most populous states in the U.S., including Florida, New York, New Jersey, Illinois, and Texas, have laws that counter the Boycott, Divestment, Sanctions (BDS) campaign targeting Israel. The states outlaw private companies which engage in such activity from receiving public state contracts or business.

More than two-thirds of the states in our Union have such laws which, in most cases, involve contracts from the state governments that stipulate those signing refrain from participating in any boycott against Israel. Liberalism may tolerate preventing citizens from doing business with a state that is identified as a threat, but supporting BDS is not a threat to our country. The vast majority of American Jews would love companies to voluntarily avoid supporting BDS, but the legal requirement to do so is illiberal even if constitutional. Should America Jews support this stance against BDS and tolerate the illiberalism, or hold fast to the principles of liberalism even to the potential detriment of Israel's economy?

Contracts from the agencies or departments of the Commonwealth of Pennsylvania, too, prohibit supporting BDS. How many of us card-carrying liberals wrote to our state representatives in 2016 telling them to vote against such an illiberal piece of legislation?

When values are in competition, it is confusing. I hope this column has been helpful in clarifying a bit of the confusion many of us feel these days.

As we conclude the Book of Exodus, we are reminded of the challenge of creating a world for God to dwell within when we have no columns of fire to follow. (1)

SAVE THE DATE FOR

AJ's Annual Fundraiser (SPEC) when we'll be honoring Robert Friedman and welcoming guest speaker, Michael Smerconish!

Sunday, April 27

See page 9 for more information.

SOME OF WHAT'S INSIDE

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Service Schedule

ROSH <u>H</u>ODESH ADAR SHABBAT SHEKALIM | TERUMAH

February 28, March 1, 2025	1 Adar 5785
Light Shabbat Candles	5:33 PM
FRIDAY EVENING	
 Kabbalat Shabbat 	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
 Adult Ed Lunch 'n Learn*: "Mu 	ssar Clinic," with Dr.
Beulah Trey (see page 12 for n	nore information)
SATURDAY AFTERNOON	
• Min <u>h</u> ah-Ma'ariv-Havdalah	5:35 PM

SHABBAT ZACHOR | TETZAVEH

...

March 7, 8, 2025	8 Adar 5785
Light Shabbat Candles	5:41 PM
FRIDAY EVENING	
 Kabbalat Shabbat with Strings A 	Attached . 6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
SATURDAY AFTERNOON	
• Min <u>h</u> ah-Ma'ariv-Havdalah	5:45 PM
•••	

FAST OF ESTHER

March 13, 2025	13 Adar 5785
THURSDAY MORNING	
Morning Service	7:15 AM
•••	

PURIM

March 13, 14, 2025	14 Adar 5785
THURSDAY EVENING	
Children's Purim Program	5:00 PM
Min <u>h</u> ah and Purim Shpiel	6:30 PM
Purim Party	7:30 PM
• Full Reading of Megillat Esther	8:00 PM
FRIDAY MORNING	
 Morning Service and Full Reading of 	
Megillat Esther	7:00 AM

••• SHABBAT KI TISA

March 14, 15, 2025	15 Adar 5785
Light Shabbat Candles	6:48 PM
FRIDAY EVENING	
Kabbalat Shabbat	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
"Sisterhood Shabbat"	
SATURDAY AFTERNOON	
• Min <u>h</u> ah-Ma'ariv-Havdalah	6:50 PM

SHABBAT PARAH | VAYAKHEL

March 21, 22, 2025	22 Adar 5785
Light Shabbat Candles	6:55 PM
FRIDAY EVENING	
 Kabbalat Shabbat 	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
SATURDAY AFTERNOON	
• Min <u>h</u> ah-Ma'ariv-Havdalah	6:55 PM

••• SHABBAT HAHODESH | PEKUDEI

March 28, 29, 2025	29 Adar 5785
Light Shabbat Candles	7:03 PM
FRIDAY EVENING	
• Kabbalat Shabbat	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
SATURDAY AFTERNOON	
• Min <u>h</u> ah-Ma'ariv-Havdalah	7:05 PM

ROSH HODESH NISAN

March 30, 2025	1 Nisan 5785
SUNDAY MORNING	
Morning Service	9:00 AM

•••

SHABBAT VAYIKRA

April 4, 5, 2025	7 Nisan 5785
Light Shabbat Candles	7:03 PM
FRIDAY EVENING	
Kabbalat Shabbat	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
Pesah Bowl!	
 Adult Ed Lunch 'n Learn*: "Returning, 	Remembering,
Forgiving," with Roald Hoffman (see	e page 12 for
more information)	
SATURDAY AFTERNOON	
 Minhah-Ma'ariv-Havdalah 	7:10 PM

SIYUM BECHOROT AND

LECOFF SIY	UM BREAKFAST
April 10, 2025	12 Nisan 5785

THURSDAY MORNING

Morning Service	
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*Adult Education Lunch 'n Learns

You must pre-register to attend these Shabbat luncheons. The cost is \$10 per person.

EREV PESA<u>H</u> Shabbat hagadol

April 11, 12, 2025	14 Nisan 5785
Light Shabbat Candles	7:17 PM
FRIDAY EVENING	
Kabbalat Shabbat	6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
SATURDAY AFTERNOON	
 First Seder — No evening service 	

•••

FIRST DAY OF PESA	H
April 13, 2025	15 Nisan 5785
SUNDAY MORNING	

Morning Service	9:30 AM

HOL HAMOED PESAH

April 14 – 18, 2025	16 — 20 Nisan 5785
MONDAY THROUGH FRIDAY N	NORNINGS
Morning Service	7:00 AM

•••

YOM HASHOAH

April 23, 24, 2025	26 Nisan 5785
WEDNESDAY EVENING	
Evening Service	
THURSDAY MORNING	
Morning Service	7:20 AM

••• SHABBAT SHEMINI

April 25, 26, 2025	28 Nisan 5785
FRIDAY EVENING	
 Kabbalat Shabbat with Strings 	Attached 6:15 PM
SATURDAY MORNING	
Shabbat Service	9:30 AM
SATURDAY AFTERNOON	
 Minhah-Ma'ariv-Havdalah 	7:35 PM

ROSH HODESH IYAR

April 28, 29, 2025	30 Nisan, 1 Iyar 5785
MONDAY MORNING	
Morning Service	
TUESDAY MORNING	
Morning Service	

YOM HAZIKARON

April 30, 2025	2 Iyar 5785
WEDNESDAY MORNING	
Morning Service	7:30 AM

Rav Hazzan Howard Glantz will be at Rydal Park at 4:00 PM for Kabbalat Shabbat services on Friday, March 28, and Friday, April 25.

Sponsor a Kiddush!

We all have special dates on our calendars, but we're never quite sure what to do about them, so...sponsor a kiddush or co-sponsor a kiddush with friends!

For what occasions do people sponsor kiddush?

ANYTHING! Birthdays, weddings, graduations, new jobs, OR just because you love having a nosh and a schmooze after services.

Contact the office at 215.635.6611 for more information.

DON'T FORGET!

Sunday, March 9 2:00 AM



PLEASE MARK YOUR CALENDARS!

The date of the **167th Annual Meeting** has changed. It will be on Monday, June 16.



We have three Zoom links for all of our regular services:

For Friday evening and Saturday morning services: By computer: https://zoom.us/j/97054037610 Meeting ID#: 970 5403 7610 (Password required*)

For Saturday evening services: By computer: https://zoom.us/j/933131679 Meeting ID#: 933131679 (Password required*)

For all other services (Sunday through Friday morning and evening services, and Shabbat services):

By computer: https://zoom.us/j/109428724 By phone: Please dial 929.436.2866 or 301.715.8592 Meeting ID#: 109428724

*The password for Friday evening and Saturday morning services is distributed to congregants via email each week.

MARCH

Friday/Saturday Service Sign-up Link http://tinyurl.com/Services-mar25



APRIL Friday/Saturday Service Sign-up Link http://tinyurl.com/Services-apr25



DAILY MINYAN MORNING SERVICES

Sunday	9:00 AM
Monday and Thursday*	7:20 AM
Tuesday, Wednesday, and Friday	7:30 AM
Rosh Hodesh Services (weekday)	7:00 AM

EVENING SERVICES

Sunday through Thursday (except where noted)....7:00 PM

*On most Thursday mornings, we hold a breakfast after the morning service. Join us!

Breakfast with Rabbi Arie Hasit-Bridging Divides in Israel: An Israeli Rabbi's Perspective Friday, March 28 at 7:30 AM (begins with morning minyan)

At a time when the country's unity is more important than ever, Rabbi Arie Hasit has a track record of bridging divides between different communities in Israel. What will it take to unite the Jewish state in the face of its immense challenges, and what important role can American Jews play here and now in making sure Israel is a pluralistic, open, and democratic society?



Rabbi Arie Hasit serves as Associate Dean of the Schechter Rabbinical Seminary, where he trains the next generation of rabbis and lay leaders for Jewish communities in Israel and around the world. A Cherry Hill native and alumnus of both Camp Ramah

in the Poconos and Hagesher USY, Arie was previously the founding rabbi of 70 Faces Mazkeret Batya, a unique Conservative/Masorti community that broke barriers by working successfully with and gaining recognition from the Orthodox establishment in Israel, giving Arie a unique perspective on key challenges and divides facing Israeli society today. Rabbi Hasit also volunteers as Co-Chair of the Masorti Movement in Israel's Youth Committee and as a member of the Law Committee for the Rabbinical Assembly in Israel. He resides in Mazkeret Batya with his wife and their two children.

Please register at https://www.adathjeshurun.info/form/Arie-Hasit.html or scan the QR code.



What's Happening at AJ

ADULT ED LUNCH 'N LEARN: "MUSSAR CLINIC," WITH DR. BEULAH TREY

Dr. Beulah Trey is a practitioner of Mussar, a Jewish discipline focused on improving one's virtues. She co-authored *In Search of the Holy Life: Rediscovering the Kabbalistic Roots of Mussar* with Rabbi Ira Stone. See page 12 for details. 12:15 PM.

2 ADULT ED BRUNCH 'N LEARN: "CELEBRATING *FIDDLER ON THE ROOF,*" WITH MAESTRO KARL MIDDLEMAN," PART 2

Fiddler on the Roof has a special place in the hearts of Jews the world around, but there is much behind the scenes history of which most of us are unaware. In a two-part, Sunday morning series on February 23 and March 2, AJ is delighted to host Maestro Karl Middleman, Founder and former Music Director of the Philadelphia Classical Symphony and member of the faculty of Temple University, who will offer his keen insights into the quirks, difficulties, and raptures that the creators encountered. See page 12 for details. 10:00 AM

JEWSDAY NIGHT AT THE MOVIES: EXODUS

Based on Leon Uris' novel, this historical epic provides a dramatic backstory to the creation of the state of Israel in 1948, in the aftermath of World War II. Starring Paul Newman, Eva Marie Saint, Ralph Richardson, Peter Lawford, Sal Mineo, Jill Haworth, Lee J. Cobb, and John Derek. See back cover for details. 6:00 PM.

KABBALAT SHABBAT WITH STRINGS ATTACHED

Unplug from a busy week with an acoustic Shabbat service led by Rav Hazzan Glantz with familiar tunes that will put a smile on your face and a song in your heart. An oneg (lite bites) will follow. For all ages, from babies to bubbies. 6:15 PM.

13 PURIM SERVICES AND CELEBRATION This year. Pay Hazzan Glantz will be leading

This year, Rav Hazzan Glantz will be leading the congregation in a shpiel written by Charles and Frances Davidson z"I called, "The Story of Purim in Song and Verse." It was first performed in 1958. We are very blessed that Soyeon Bin will be our accompanist and director. Don't forget to dress in costume! The fun starts at 6:30 PM. See page 8 for details.

15 AJWA SISTERHOOD SHABBAT

You are invited to join us for Sisterhood Shabbat featuring a beautiful, multi-generational service led by the women of AJWA Sisterhood, followed by a wonderful luncheon. See page 14 for details.

Did you know you can now find RSVP links to most scheduled events in one place on our website? Go to AJ's home page (www.adathjeshurun.info) and click on "RSVP" in the top menu.

KEHILLAH COMMUNITY PURIM CARNIVAL

Join us for the annual Kehillah Purim Carnival on March 16. Preschool Admission: 11:00 AM to 12:00 PM. General Admission from 12:00 PM to 3:00 PM. Location: Keneseth Israel. Come in costume! Enjoy hamantaschen, prizes, inflatable obstacle courses, slides and more. Cost: \$10 for individuals; \$25 for one adult and two or more children, and \$30 for two adults and two or more children. Pre-purchase online at www.jewishphilly.org/oyrpurim by March 11. In partnership with Kehillah of Old York Road and Jewish Federation of Greater Philadelphia.

AJ BEREAVEMENT SUPPORT GROUP

Rav Hazzan Glantz leads this monthly gathering specifically designed to foster a secure, confidential, and non-judgmental environment that encourages individuals to freely express their emotions. Irrespective of the time elapsed since one's loss, everyone is welcome to participate, as there are no qualifying or disqualifying criteria. A warm invitation is extended to everyone interested in attending these meetings. Feel free to contact Rav Hazzan Glantz in advance with any questions. Following evening minyan at 7:30 PM at AJ.

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ADULT ED SERIES: "ABOUT ZION" WITH RAV SHAI CHERRY, PHD, PART 4

Jewish educators and rabbis have done a better job teaching Jewish values than Jewish history. This five-session course dives deep into the history of the relationship between the People of Israel and the Land of Israel. This session will focus on the Harbingers of Political Zionism and the Pre-State Period*. Brunch is \$10 per person. 10:00 AM. (Part 5, originally scheduled for Sunday, April 27, will be combined with this session.)

24 ROBYN ORODENKER AND SYLVIA C. COHEN BOOK CLUB

March's book is *Kantika*, by Elizabeth Graver. Please read the book before the meeting! Sponsored by AJWA Sisterhood. 8:00 PM.

BREAKFAST WITH RABBI ARIE HASIT

At a time when the country's unity is more important than ever, Rabbi Arie Hasit has a track record of bridging divides between different communities in Israel. What will it take to unite the Jewish state in the face of its immense challenges, and what important role can American Jews play here and now in making sure Israel is a pluralistic, open, and democratic society? See page 3 for details. 7:30 AM.

KABBALAT SHABBAT AT RYDAL PARK

Rav Hazzan Glantz will be leading Kabbalat Shabbat beginning at 4:00 PM.

AJ GRANDPARENTS GROUP 30

Social Media, Part 2! Ever wonder what your grandchild is talking about when she or he asks you if you are on Snapchat, or "have you seen my dance on TikTok?" Come and find out what our grandkids are doing on social media, how AI has introduced even more challenges for us all, and some tips for keeping your grandkids safe with speaker Rob Levin. See details on page 10. 10:00 AM.

PESAH BOWL!

Test your knowledge of Passover for prizes! During the morning Shabbat service. 9:30 AM.

ADULT ED LUNCH 'N LEARN: "RETURNING, 5 **REMEMBERING, FORGIVING," WITH ROALD** HOFFMANN

The AJ Adult Education Committee is greatly honored to welcome Professor Roald Hoffmann, Professor Emeritus in the Department of Chemistry & Chemical Biology at Cornell University, for a catered Lunch and Learn. Professor Hoffman was born in the small Polish (now Ukrainian) town of Zolochiv in 1937 and is a survivor of the Holocaust. See page 12 for details. 12:15 PM.

AJ BEREAVEMENT SUPPORT GROUP

See the description for March 19. Following evening minyan at 7:30 PM at AJ.

PESAH, DAY VII 19

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25

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Join us for Shabbat morning service with choir and organ, including Yizkor. Services will be followed by a luncheon, 9:30 AM.

L'OLAM KOSHER 2.0: RISE AGAINST HUNGER

22 For Earth Day, we'll be packing food for Rise Against Hunger, organized by the L'olam Committee. Rise Against Hunger (RAH) is a non-profit organization based in New York that sends food to areas of our world that are significantly impacted by hunger and malnutrition. See page 7 for details.

KABBALAT SHABBAT AT RYDAL PARK 25

Rav Hazzan Glantz will be leading Kabbalat Shabbat beginning at 4:00 PM.

KABBALAT SHABBAT WITH STRINGS ATTACHED

Se description for March 7. 6:15 PM.

ROBYN ORODENKER AND SYLVIA C. COHEN 28 **BOOK CLUB**

April's book is this year's One Book, One Jewish Community selection, For Such a Time as This: On Being Jewish Today, by Elliot Cosgrove. Please read the book before the meeting! See page 14 for details. 8:00 PM.

JEWSDAY NIGHT AT THE MOVIES: GOLDA

Join us at AJ to view the comedy film, Golda, starring Helen Mirren, Camille Cottin, Liev Schreiber, Lior Ashkenazi, and Dvir Benedek. See the back cover for details. 7:45 PM





In Rav Hazzan's World

By Hazzan Howard Glantz

What's in a Name?

In one of Rodney Dangerfield's appearances on Carson, Johnny asks him how he got his name. Rodney explains that it all started with an ad for a psychiatrist that read, "Improve your personality, improve your life." Dangerfield called the number and made an appointment but upon assessment, the doctor said his personality was fine, rather, it was his name that needed improvement.

Rodney asked, "How could my name be the problem?"

He went on to assert, "Why even William Shakespeare said, 'What's in a name?"" To which the psychiatrist replied... "Who?"

Rodney repeated, "William Shakespeare! He said 'What's in a name?"

The doctor shut Rodney down finally with "Look, you wanna listen to me or you wanna listen to your friends?"

For most of us, our English names have little if any English meaning. The top baby names of 2024 in the U.S. were Olivia for girls and Noah for boys. Olivia comes from the Latin word "oliva," which means "olive tree". I doubt if anyone thinks much about the place of trees in their lives or olives in the diet before naming their daughter Olivia. Noah is the anglicized version of the Hebrew (ألات) Noach, the ark builder saving a pair of each creature in the 2nd Torah portion just after Creation. Many expecting parents devote a great deal of thought to the origins and meanings of names before settling on them. When consulted, I encourage the use of name books and websites and make a meaningful and informed choice of both English and Hebrew names.

What are your English and Hebrew names? Are they very different from one another as are mine or do they correlate like David and Daveed (דָוָד)? What do these names mean to you? Do you recall why your parents gave you these names and after whom they may have named you?

In Mishnah Avot, known as Pirkei Avot (4:17), Rabbi Shimon is quoted:

"There are three crowns — the crown of the Torah, the crown of the priesthood, and the crown of kingship, but the crown of a good name surpasses them all."

The Midrash, in Kohelet Rabba, purports:

" A person has three names: one given by parents, the name by which one is known, and finally, the one that a person acquires (presumably by deeds or reputation)."

Biblical names correlate often to the deeds and experiences of that particular character. Here are just a few examples but there are many from which to choose. Adam (אָדָאָ) was formed from earth and *adam*a (אָדָמָה) translates to earth or ground. Jacob is Ya'akov (יַעֵקֹר) who, in utero, held onto the heel, the *ekev* (עַקָר) of his twin brother. I must bring at least one feminine example: Deborah is Devora (יְבוֹרָה) meaning "bee." In the Book of Judges, Deborah forms an army and leads the Israelites under the command of Barak, destroying the Canaanite army. And we hear her stinging victory each year during the haftarah of Beshalach on Shabbat Shirah. And while we are on the theme of victory, there is a rumor "flying" around that our Philadelphia Eagles won (okay, dominated and

pulverized the Chiefs) at the Super Bowl in New Orleans. The NFL is likely selling more memorabilia in shades of green than any other color. They put any name you like on the back of an expensive jersey. Onesies for infants, water bottles, and auto flags can be had for just a small fortune plus shipping and handling. But nowhere do they offer a dark green suede *kippah* with an eagles patch and your name inscribed.

I've checked Etsy and Ebay and, while they have some items that might come close, nothing is like this one pictured. I called Modell's and Rally House and let me assure you, they have no Judaica section. You can obtain a one-of-a-kind *yarmulke* stamped inside as follows:

עופו נשרים עופו! Fly Eagles Fly! Super Bowl Champions

Here you can choose the name by which you wish to be identified. Hebrew or English, nickname, or formal name. It's in your hands and then it's on your head.

No donation is required, but they will be greatly accepted. These funds will help make possible the same kind of *kippah* prize when the next Philadelphia team takes home a national championship trophy.

See the opposite page for more from me on a relatively simple and easy way you can make a difference in our world.

Kabbalat Shabbat with Strings Attached

Come to AJ or meet us on Zoom and sing along! Followed by an oneg (lite bites)!

Friday nights at 6:15 PM: March 7, April 25, and May 16

AJ Bereavement Support Group

Wednesday, March 19 and Wednesday, April 9, at 7:30 PM at AJ

Rav Hazzan Glantz leads this monthly gathering specifically designed to foster a secure, confidential, and non-judgmental environment that encourages individuals to freely express their emotions. Feel free to contact Rav Hazzan Glantz at 215.635.6611 in advance with any questions.







ONE MITZVAH A DAY



A global do-good grassroots movement Far too often, allies who stand up to antisemitism or support srael are met with intimidation and harassment. One Mitzorh A Day ensures they are now instead met with our gratitude and love. With our text based platform, anyone can text MITZVAH to 844-384-6240 or visit OneMitzvahADay.org to receive a message every morning with a simple, impactful action they can take to make a difference!

Together, we thank political leaders, companies, campus leaders and allies to ensure their efforts are recognized, our relationships are strengthened, and their commitments to our community are reaffirmed. We will make it feel good to do the right thing. The movement is completely bipartisan.

Next steps: we activate locally ("Hey Seattle Mitzvah-ers...") and expand globally in scope. Join us today!

And Another Thing...

What to do... what to do? The bombardment of news and posts feels overwhelming. I can't respond or comment on everything. I want to be proactive on what really matters but there is only so much time in a day. So I have good news!

I happened upon something constructive, meaningful and useful after a post by One MItzvah a Day (OMAD) on social media. Now, I was concerned that I might be unknowingly supporting an organization with which I might feel uncomfortable. Oftentimes these posts are disguised to seem non-partisan and non-denominational, but shortly after writing the contact info I was relieved by the following personal response.

Shalom Rav Hazzan Glantz, It's great to hear from you — thanks for reaching out. We would love it if you shared One Mitzvah a Day with your congregation.

We (OMAD) are not affiliated with any movement, and while we have had conversations with AJC and ADL we are not formally affiliated with either. We are a grassroots campaign — the brainchild of activist Mandana Dayani.

Feel free to visit www.onemitzvahaday.org to learn more and google Mandana Dayani to learn more about this impressive activist.



Rarely more than once a day and never on Shabbat, I receive a text preloaded in such a way that with just a few clicks on my phone, I have an email ready to send. It literally takes less than a minute. These include leaders on both sides of the aisle and celebrities doing the right thing. Here are a few recent examples.

Mitzvah Alert! While on CNN, Senator Graham emphasized the importance of global Holocaust education to ensure that "Never Again" is a reality. Let's make sure that he receives gratitude for reminding the world that Holocaust Remembrance matters. https://omad.nxt.to/YN1CXvi

Life is a cabaret and Adam Lambert deserves a standing ovation! Please thank Adam Lambert for shutting down antisemitism in the audience from the stage during his recent performance in Cabaret! https://omad.nxt.to/aDLk5OW

Senators Cassidy and Fetterman are introducing a new bill to stand up against campus antisemitism! Thank them for their efforts! https://omad.nxt.to/ ycYUzWh

Rav Hazzan Glantz

Be on the lookout for the PASSOVER MAILING for all Pesa<u>h</u> details!



L'olam Rise Against Hunger Packing Event Tuesday, April 22, 5:00 PM to 7:00 PM

Join us in the Orleans Auditorium to help pack food for the food-insecure! We have space for 40 to 80 people, of any age.

Rise Against Hunger (RAH) is a non-profit organization based in New York that sends food to areas of our world that are significantly impacted by hunger and malnutrition. Adath Jeshurun has raised money to host an event for packing meals that RAH will send out to 10,000 people in regions of the world where hunger is a major issue.

There will be water and light snacks available to eat outside of the packing room. **All ages**, including preschool, and **all abilities**, including people using wheelchairs, are welcome. There is a variety of work to do for everyone! Feel free to bring canned goods to donate to a local Jewish pantry.

Donations are welcomed.

Please register at https://www.adathjeshurun.info/form/ RAH-2025.html or scan the QR code.

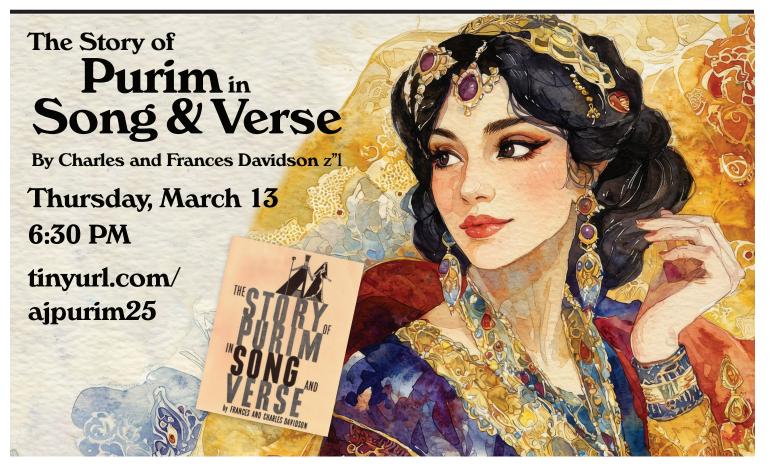


Rise Against Hunger partners with Rural Family Hope to holistically reduce malnutrition and support

education, agriculture, livelihoods, and health through the Feed for Knowledge project in southwestern Kenya. The project launched in 2022 and has already achieved amazing results — including a 17% increase in enrollment at the schools and improved academic performance of the students.







Purim Program for Early Learning Center Families and Families with Young Children 5:00 PM Shpiel 6:30 PM • Food and Dance in the Orleans Auditorium 7:30 to 8:15 PM • Full Megillah Reading 8:15 PM

PURIM DONATION FORM

Help us defray the costs of Purim!

This year, all families who make a donation to the Purim festivities will have their name displayed with the Purim character or symbol associated with your giving level which will be hung up in the Orleans Auditorium during our dancing and eating time. We appreciate your contribution to the celebration. Please send your name and donation amount by email (office@ adathjeshurun.info), by snail mail (AJ Office, 7763 Old York Road, Elkins Park, PA 19027), or by phone (215.635.6611). You can also use the online form by going to https://www.adathjeshurun. info/form/purim-party-2025.html) or using the QR code.



You can also register for attendance on the same form. **Donation Levels:**

Donate at one of the levels on the right and we'll put your name on a representation of the item to hang in the Orleans Auditorium during this year's Purim party!

In the past, AJ congregants have helped to defray some of the cost of our Purim celebrations. We hope you will continue to help us this year. (Any donation amount is appreciated and will help toward our Purim celebration.) Thank you!

Send this form to Adath Jeshurun, 7763 Old York R, Elkins Park, PA 19027, Att'n: Purim.
☐ Hamantaschen \$18
🗆 Vashti \$36
🗆 Mordechai \$54
□ King Ahasuerus \$72
Queen Esther \$118
Album:
□ Other
Name
Email Address
How would you like your name/family name to read:

Happy Purim!

Our Jewish tradition is a generous one; on Purim, we insist on giving gifts to all. *Mishloach Manot*, known as sending portions, is a beautiful way to give "shalach manot," food gifts to friends and family. We have designed a new, special edition heavyweight AJ tote bag which will be filled with hamantaschen from Rolings Bakery, cookies, snacks, and fruit, along with a special note from Rav Shai, Rav Hazzan Glantz, and AJ president, Harry Lessig.

Each congregant family local to the Philadelphia area will receive a bag filled with goodies, free of charge, BUT you can "sign" your name or family name to individual bags or to every bag!

- For \$25, we'll place your name on the gift tag for ONE congregant/family.
- For \$100, we'll place your name on the gift tag for FIVE congregants/families.
- For \$150, we'll place your name on the gift tag for TEN congregants/families.
- For \$180, we'll place your name on the gift tag for ALL congregants/families.

PLEASE NOTE:

- 1) **Unfortunately, we only have enough bags for AJ congregants/families**, so we can't make extra bags for friends or extended family members, but feel free to pass your own bag along to someone you love!
- 2) These beautiful bags will need to be picked up at the synagogue. Regrettably, only congregants local to the Philadelphia area will receive bags. However, if you want to honor an out-of-state AJ family, you are welcome to designate them as one of the names you submit. We can send them a *Mishloach Manot* e-blast with a printable card from Rav and Hazzan. If you are an out-of-town AJ family, please consider participating in the *mitzvot* from afar!

Please let us know ASAP how many gift tags you would like your name signed on to, and the recipient(s) of those bag(s), so we can prepare these in time for pick-up at AJ all day on **March 13**.

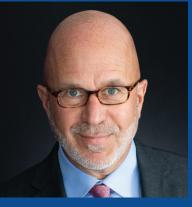
Jewish Joy is a necessity, help spread the joy!



Save the Date!

Please join us on **Sunday, April 27**, for the **AJ 2025 Annual Fundraiser (SPEC)** event honoring our long-time congregant and former Executive Director **ROBERT FRIEDMAN**. We will be hosting local radio host and journalist **MICHAEL SMERCONISH**. Mr. Smerconish is on a mission to restore civility and compromise to our public discourse. His Mingle Project is both his diagnosis and prescription for the problem, presented through anecdotes, social science...and a few laughs! Details coming soon.







Balancing Our Health and Welfare at AJ

By Beth Shapiro, Director of Programming and New Initiatives

We gather at synagogue, we run into one another at the market, or in line to pick up a friend at the train. We schmooze with friends about what brings us joy, pride, and hope. We also share about the things that bring us anxiety, sadness, or stress. Sometimes, that part can be a bit more difficult to do. Honoring and understanding all of these conflicting emotions can help us live balanced lives. Some days it can be easier to notice the things that are difficult in our lives than to notice the things that are going well. This is where our friendships make the difference.

We've learned that by remembering, sharing, and revisiting the good in our lives, we strengthen the memories. We know from research that revisiting pleasant memories releases dopamine, serotonin, and oxytocin. These are known as "happy hormones" because they are associated with feeling pleasure and a sense of well-being and can help us make social connections. Over the past 25 years of research, it has become clear that strong bonds of friendship and family are so important to our sense of safety and security. People who have life partners and good friends they see regularly live longer and suffer less from sickness.

The past six years have been particularly tumultuous. Ongoing stress can accumulate, causing the immune system to work overtime. It can also increase the risk of a host of ailments. Trauma and chaos, including the pandemic, global conflict, racism and racial injustice, inflation, climate-related disasters, and 10/7 are weighing on our collective consciousness. This is where the place you choose to make social connections matters.

Spending time at Adath Jeshurun can provide excitement, joy, curiosity, connection, and even solace. We can't totally ignore or hide from stressors. However, sharing our concerns over coffee after Havdalah, in the kitchen while cleaning up, or before a speaker begins can lighten our burdens. Think about what you can do to create more joy in your life and in the lives of those you love! AJ is a warm space. A heartfelt conversation with Rav might remind us of what we have to be grateful for. Rav Hazzan's beautiful praying can help us feel the connection as we daven with our fellow AJers. Numerous experts agree that making time to engage in activities that divert your attention and bring you joy can not be underrated! At this chaotic time in history, the benefit of connection to AJ and to your fellow AJers is a gift of calm in the storm.

MIDWEEK MINDFULNESS!

Thursdays at 9:00 AM



Sit and engage in a mindful meditation, deep, healing breathing or gentle movement for 30 minutes. Meet us in the Strauss Chapel immediately after minyan breakfast. Come as you are, come from home or work or from minyan. Join your friends or bring a friend for a moment of mindfulness, calm, and community! No registration is needed. Because each moment matters!

We read and we listen to the news to stay informed. Reducing anxiety involves balancing all of the information coming at us every day. Our brains are wired to pay attention to potential threats, so when we're constantly exposed to distressing news, it can trigger our stress response. All of this can weigh on our hearts and minds. If you are feeling powerless to change the negative situations reported, you may be experiencing meta anxiety, which is anxiety about having anxiety. Creating boundaries around your news consumption or talking about the chaos you are experiencing might help your frame of mind. You don't have to totally ignore the reality of these times. As I said earlier, that would be nearly impossible to do. Instead, put parameters around what you choose to listen to or read when you consume your social media, and schedule in social time, mindfulness time, and family/friend time. Ensure you get sufficient doses of what brings you joy, safety and pleasure.

In our last newsletter, I suggested getting involved in a committee or helping out at AJ. Today, I am asking you to bring a friend with you to share the AJ experience. Increase your joy, and share the comfort that walking through our doors brings you. If you have an idea for an activity, a trip, or an event, call me. I will do everything I can to make it happen! I sincerely believe in community as an antidote to loneliness and despair. Come dwell in this warm place with deep roots and wide arms. Adath Jeshurun is a place of welcoming and care. I hope to see you and a friend at AJ soon.

May You Have Joy, יְהִי לְךָ שִׂמְחָה

P.S. Enjoy some calm and community at our Mindfulness Moment held every Thursday at 9:00 AM; come join the group! Drop-ins welcome, no sign-up, no fee. (1)

GRANDPARENTS GROUP PROGRAM AND BRUNCH

A Grandparent's Guide to the Newest Trends in Social Media, Including the Impact of AI! PART 2!

Sunday, March 30 at 10:00 AM

Ever wonder what your grandchild is talking about when she or he asks you if you are on Snapchat, or "have you seen my dance on TikTok?" Come and find out what our grandkids are doing on social media, how AI has introduced even more challenges for us all, and some tips for keeping your grandkids safe. Our speaker, once again, will be **Rob Levin**.

Rob is the founder and principal of Machine Age Digital,

a boutique creative digital agency specializing in design, development, strategy, production, and communications. For over 25 years, Rob has excelled in a wide range of roles including audio engineer, video editor, photographer, producer, programmer, graphic designer, user experience designer, project manager, program manager, copywriter, and strategist.

Everyone is welcome to join us. Invite your adult children —

things are moving so fast that they may appreciate the chance to learn along with us! Feel free to bring your phone, iPad, or computer with you, and your questions and curiosity as we delve into this new millennium social media generation.

The cost of the event is \$5 per person. Please register for brunch and program at https://www.adathjeshurun.info/form/ GPG-levin2.html or scan the QR code.





AJ Early Learning Center

By Tracey Perchick, Early Childhood Director

At the AJ Early Learning Center, many of our classes begin their day with calendar activities during morning circle time. When February transitions into March, teachers often share the expression, "March comes in like a lion and goes out like a lamb." They explain that early March tends to bring damp, cold weather — qualities likened to a lion — while the end of the month is typically warm and pleasant, more akin to a lamb.

As a child, I always empathized with the lion. Why is the harsher weather associated with lions, while the mild spring days are attributed to lambs? After all, feeding a lamb at a petting zoo isn't always the charming experience one might expect!

Fortunately, at AJELC, our teachers focus on nurturing the best in children's dispositions without labeling them. Instead, they celebrate individuality and help children develop a positive attitude toward learning. Curiosity is sparked by introducing children to new experiences and encouraging exploration and experimentation. Creativity flourishes when children are given materials without the expectation of identical outcomes. Confidence is built through positive reinforcement and encouragement. Above all, our educators understand that children learn best through play and discovery.

This March, I hope you find opportunities to embrace curiosity, creativity, and confidence — whether you feel more like a lion or a lamb. (1)



Get your costumes and join the Jewish Federation of Greater Philadelphia's Old York Road Kehillah for a family-friendly Purim celebration! Come and enjoy pizza, hamantaschen, prizes, inflatables and more.

Sunday, March 16, 2025 11 a.m. - 12 p.m. | Families with Preschool Children 12 - 3 p.m. | General Admission

Reform Congregation Keneseth Israel 8339 Old York Rd, Elkins Park

REGISTER AT: https://tinyurl.com/kehillah-2025Carnival



RSVP by Tuesday, March 11

Cost:

\$10 for individuals \$25 for one adult and two or more children \$30 for two adults and two or more children

Remembering Marcia Webber

By Beryl Rosoff-Verbit, Administrative Assistant

Losing someone in our AJ community is always very difficult. Marci Webber was not just a member of Adath Jeshurun but the *Mayor* of AJ. Everyone who entered the building in one capacity or another knew her. Not because of her bright red hair that would catch your attention, or her contagious laugh, but because she always introduced herself to people, asked about them, and made them feel at home. It could have been a new person to the knitting group or a new person at minyan. She welcomed everyone without judgment.

Marci grew up at AJ and remained friends with people from Hebrew School. One congregant said, "I went all through Hebrew School with Marci — she obviously was a much better student then I was." Her children were brought up at AJ and share many years and stories with congregants who she remained close with.

Her loss is so great because of all the people she touched. No one truly knows what they brought to this world when they leave it, but from all the letters and calls from people mourning her loss, it is apparent she touched so many more people that even Marci would be shocked.

Our love and prayers go out to her family, longtime friends, and the community at large.

Marci, you will be missed but never forgotten.



ABOVE: In 2019, Marci was honored by AJWA Sisterhood with the Women of Achievement Award during their annual Torah Fund Brunch.

AJ Adult Education Committee

By Co-Chair, Skip Atkins

Join us at AJ for one or more of these Lunch 'n Learns and Brunch 'n Learns!

The two-part, Sunday morning series, "Celebrating Fiddler on the Roof," will continue on March 2, at 10:00 AM with Maestro Karl Middleman. Last year marked the 60th anniversary of the original stage production of *Fiddler on the Roof*, one of the most venerated, beloved, and frequently performed



musicals of all time. Fiddler has a special place in the hearts of Jews the world around, but there is much behind the scenes history of which most of us are unaware. Sholem Aleichem, Marc Chagall, Jerome Robbins, and Zero Mostel are just a few of the Jews who were central to the creation of Fiddler, and the trials and tribulations with which they coped in bringing it to reality form a fascinating look at the cultural and political history of its time. Middleman is founder and former Music Director of the Philadelphia Classical Symphony and a member of the faculty of Temple University, and he'll offer his keen insights into the guirks, difficulties, and raptures that the creators encountered. The series will include large dollops of memorable music, dance, and art mixed with a heavy helping of behind-thescenes capers, and for those who register, brunch will be served! Please register

at https://www.adathjeshurun.info/form/bnl-fiddler.html or scan the QR code. The cost is \$10 per person. Feel free to sign up for the second session even if you didn't join us for the first session.



On Saturday, March 1, following Shabbat services, Adult Ed will be holding a Lunch 'n Learn with Dr. Beulah Trey

called "A Taste of Mussar." Dr. Trey is a licensed psychologist specializing in transforming organizations, leaders, and teams to navigate the unpredictable, informal side of organizational life through a values-based approach. Her work consistently leads to stronger, more effective leaders, and more engaged

employees with sophisticated relationship skills — who together are more effective at creating innovative approaches to achieving their goals. Dr. Trey is also a practitioner of Mussar, a Jewish discipline focused on improving one's virtues. Dr. Trey co-authored

In Search of the Holy Life: Rediscovering the Kabbalistic Roots of Mussar with Rabbi Ira Stone. Please register at https://www.adathjeshurun.info/ form/LNL-mussar.html or scan the QR code.

In March, Parts 4 and 5 of the "About Zion" five-part* series led by Rav Shai will be held on one Sunday morning and will include

the history of the relationship between the People of Israel and the Land of Israel will continue with a discussion of the





Harbingers of Political Zionism and The Pre-State Period. For attendence at the Part 4/5 session, please register at https:// www.adathjeshurun.info/form/about-zion-part4.html. Alternatively, you can scan the QR code at right. The cost is \$10 per person. *Rav Shai decided to combine session 5 with session 4 because it was originally scheduled on the same day as AJ's Annual Fuundraiser ("SPEC").



The AJ Adult Education Committee is greatly honored to welcome Professor Roald Hoffmann, Professor Emeritus in the Department of Chemistry & Chemical Biology at Cornell University, for a catered Lunch 'n Learn on Saturday, April 5 at 12:15 PM. The topic will be "Returning, Remembering, Forgiving." Among his many achievements, Professor Hoffman won the Nobel Prize in Chemistry in 1981 and has published extensively in



the chemical sciences as well as in general nonfiction, and is author of several plays and poetry. Professor Hoffman, who is also the machuten of AJ's own beloved Marcia Webber z"l, was born in the small Polish (now Ukrainian) town of Zolochiv in 1937 and is a survivor of the Holocaust. In his talk, "Returning, Remembering, and Forgiving," we will

learn his personal story of survival and postwar wandering, leading ultimately to great acclaim as an academician in America. It promises to be a poignant and deeply moving experience. The cost is \$10 per person. Please register at https://www.adathjeshurun.info/form/LNL-Hoffmann.html or scan the QR code.

AT RIGHT AND BELOW: On Sunday, February 23, we celebrated Fiddler of the Roof with Maestro Karl Middleman. We were transformed and transfixed by film footage of Zero Mastel, Topol, and Karl's in-depth knowledge of Sholem Aleichem. This was truly a delightful program!







HOTOS: SKIP ATKINS

BELOW: In December, AJ Adult Ed went to Washington, DC to the Museum of the Bible.

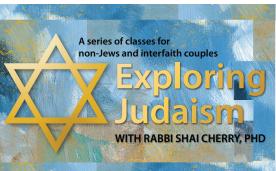






Orange County Community Scholar Program

Each month, CSP offers a schedule of interesting and relevant classes. Go to https://occsp.net/csp-online-zoom-events/ for more information and to register. *Please note that times on CSP web pages are Pacific Time unless noted otherwise*.



Exploring Judaism, with Rabbi Shai Cherry, PhD

Intended for non-Jews and/or interfaith couples. For those interested, these sessions will prepare such individuals for conversion to Judaism.

So much of what non-Jews absorb about Judaism is from popular culture where the priority is not accuracy. If you or someone you know would like something holistic and comprehensive, taught by an expert, *Exploring Judaism* is for you. Whether you're thinking about Judaism as a way of life for yourself, or you're just interested in learning more, *Exploring Judaism* offers 21 sessions divided into three trimesters focusing on belonging, behaviors, and beliefs. You can begin at any point in the trimester cycle.

Should you wish to pursue becoming Jewish, this course satisfies the educational requirements of conversion.

The next trimester of *Exploring Judaism*, on Beliefs, is scheduled to begin on March 26, 2025. Sessions will be held **at 7:30 PM** at Congregation Adath Jeshurun in Elkins Park and via Zoom.

The cost is \$100/trimester (free of charge for the Jewish spouse of an interfaith couple). Rabbi Shai Cherry, PhD, has spent over twenty years in universities and community education teaching about Judaism.

Anyone interested should call Rav Shai Cherry at 215.635.6611 or go to https://www. adathjeshurun.info/exploring-judaism to register.



Please tell your non-Jewish friends or family members who may be interested in learning more about Judaism!

AJWA Sisterhood

By Merril Stup, Torah Fund Chair

AJWA Sisterhood's Annual Torah Fund Brunch

On Sunday, May 18, we will be honoring a true Renaissance woman — **Karen Moses** — at AJWA Sisterhood's annual Torah Fund Brunch, so let's find out a little about her.

- ... Karen was born in 1952 in Manhattan.
- ... The family moved to Fishkill, New York in 1954.
- ... They belonged to Beacon Hebrew Alliance (BHA), a traditional congregation founded with the help of her grandfather, Dr. Louis Rogen.
- ...Karen was the first Bat Mitzvah at BHA.
- ... She graduated from SUNY New Paltz with a BA in Music Therapy in 1978.
- ... from 1978 to 1985, Karen was a musical therapist at Woodhaven Center for the severely and profoundly impaired.
- ... Karen wrote action songs for the impaired which were published by the MidAtlantic Region of the National Association for Music Therapy.
- ...Luckily, Karen found the time to meet and marry Ed Moses.
- ... In 1986, they visited Israel and Karen became pregnant she and Ed always say their son Lonny returned to the country where he was conceived.
- ... From 1985 to 1990, Karen was Director of Recreation, Volunteers, and Religion for the Uptown Home for the Aged.
- ... From 1990 to 2002, Karen was a musical therapist at the Adult Day Center of PGC.
- ... From 2002 to 2012, she was a musical therapist in the Recreation Department at the Abramson Center for Jewish Life in Horsham.
- ... From 2012 to 2014, Karen was musical therapist in charge of Recreation at Abramson Adult Day Center.
- ...Somehow, with all these responsibilities, Karen found time to be PTA co-president at Paley Day Care Center, when Lonny attended. She was co-president of the Parents Association for the orchestra at Central High School. Karen was also co-president of the school committee at OCJCC.
- ...Karen gave workshops and presentations for the MidAtlantic Region of the American Music Therapy Association. She has served as supervisor for numerous students in Music Therapy and Creative Arts Therapy for Temple, Immaculata, and Hahneman/ Drexel. Karen is a fabulous crafter — we've all seen her beautiful challah covers, holiday symbols, bibs, kippot, and other works of art. She is a dedicated member of the AJ Stitchers, started by her friend, Rita Altman.
- ... Twenty-one years ago, Karen and Ed came to AJ after the closing of OCJCC. They quickly adapted to become an integral part of the Adath Jeshurun family. Karen is a "volunteer extraordinaire." She is never too busy to help wherever she is needed. It is an honor and a pleasure to celebrate Karen and her many achievements.

Mark May 18th on your calendar and join us in celebrating Karen Moses.

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Robyn Orodenker and Sylvia C. Cohen Book Club

The Robyn Orodenker and Sylvia C. Cohen Book Club is a guided discussion group held on a designated night (usually Monday) at 8:00 PM via Zoom until further notice. Reading of the book is required! Attend one or more sessions. Here is the reading list for January, February, and March:

Kantika, by Elizabeth Graver March 24, 2025

One Book One Jewish Community Selection: For Such a Time as This: On Being Jewish Today, by Elliott Cosgrove April 28, 2025

My Life in Recipes, by Joan Nathan and Annual Dinner June 3, 2025



Questions?

Contact Liane Sher at 215.620.4429 or Idelle Wood at eyewoodis@gmail.com.

AJWA Sisterhood Shabbat: Saturday, March 15

Are You An Angel? Your donation of \$25 (or more) will help make possible AJWA Sisterhood's 2025 wonderful Shabbat service, speaker and luncheon. It is a program that reaches out to the entire AJ family and is met each year with great anticipation and enthusiasm! All Shabbat Angels will be gratefully acknowledged in the Sisterhood Shabbat program. Please return this form and your check to AJWA Sisterhood Shabbat Angels, 7763 Old York Rd., Elkins Park, PA 19027. Make checks payable to "AJWA Sisterhood" with "Shabbat Angel Donation" on the memo line. Alternatively, go to https://www.adathjeshurun.info/form/sisterhood-shabbat-2025.html to donate online. Thank you!

Name ___ Phone

#Email

Would you like to participate in the AJWA Sisterhood Shabbat service? SAY YES!

We are pulling together the service and are currently organizing the parts. If you are an AJWA Sisterhood member (or would like to become one!) and would like to co-lead a Hebrew prayer or participate in an easy, small group English reading, please say so. We'd love for you to be included. If you are interested in participating, send an email to ajwasisterhood@gmail.com or contact Mindy Goldstein at mwgoldst@ comcast.net or Susan Novack at Susantnovack@gmail.com.



CALLING ALL COOKS! (from clueless to expert) Join us as we prepare for Sisterhood Shabbat!

> Wednesday, March 12: 7:00 PM to 9:00 PM Friday, March 14: 10:00 AM until finished Saturday, March 15: 8:30 AM to 10:00 AM, set-up and clean-up

> > Look for a link in the weekly email for sign-up or contact Karen Moses at karedlon@aol.com.

הלזכר עולם In Remembrance

Anyone interested in perpetuating the memory of a loved one at AJ should contact the office for information at 215.635.6611. Yahrzeits of the following individuals will be observed as follows:

MARCH 1 TO MARCH 7, 2025 1 Adar 5785 to 7 Adar 5785 To be read on Friday, Feb. 28 and Saturday, Mar. 1

Sarah Abramson Sylvia Alloy Frances Albern Alexander A. Aron Gavle Mindy Arost Franklin G. Banks Jennie Benjamin Max Bisk Jean Blatt Morris J. Blitz Gail Ann Blumberg Dr. Charles G. Blumstein Fred E. Braemer Sophie Brown Mollie Butler Natalie S. Chamow Max F. Cohen Moses Cohen Herbert A. Demchick David Derewitz George J. Dishler Norman Dissin Benjamin F. Dolfman Dr. Nettie Solomon Edeiken Sarah Filman Louis Entine Joseph Fine Betty First Grace Spicehandler Fisher Isabelle S. Gichner Esther Goldman Freida Goldstein Lewis Gordon Nathan Grossman Sara Haas Herz Sima Hollander Bernard L. Izes Dorothy Jacobson David Jaffe Samuel J. Judelsohn

- 🌣 -Bena Strauss Kellert Simon Klein Maximillian J. Klinger Sidney Kochman Samuel Kornstein Rose Lerner Rose Meadow Levinson Ida Levy Moses Marcus Louis Meyerhoff Charles N. Oberfield Florence Oberfield Benjamin Perlman Florence Platt Hattie Pleat Sylvia Frances Robinson Samuel Rosenbaum Solomon M. Rosenberg Sara Rosenthal Lenore Leidner Rosin Fannie Rosin Bernard Sacks Irving Salus Alexander Schupler Sonia Schwartz Nathan Selbst Herman Abraham Shapiro Sol Shore Morris Shrager Nathan Smith Howard Stern Benjamin Wagman Rose Waxman Bertha Weiner Fannie Teller Weiner Stella R. Weisfeld Simon Weiss Pauline Weitzenkorn Dr. Rose B. Wohl Henrietta E. Wolfe

Louis Gilbert Irving Goldberg Dr. Stanley E. Goren Abraham Green Benjamin Greenstein Cantor Alexander Gross Joseph Gross Eve Harris Frances Hirsch Louis Hoffman Mary Jaffe Sarah Joseph Mollie Kazansky lda D. Kirkel Minna Daniel Klein Alek Klinman Lee Krassenstein Elizabeth Gratz Kremer Dr. Albert Kroser Solomon Kwass Sandor Lederer Frank Leon Amy Lessack Gustav Levi Edward M. Levin Sadie Levin Nona Levin Abrams Stella Levy Claire Lewin Jettchen Lowenstein Salem Harris Lumish Marcus M. Lyons

Esther Mayer Benjamin Merow Bella A. Molod Rhonda J. Moomjian Lillian Moore-Katz Isaac Nathans Jacob Parent Reuben Pollock Louis Richter Adolph L. Rosenberg Lewis Morris Rosenberg Anne Rosenbloom David Rotman Abram Sacks Jennie Saft Belle Salvin Calvin Schneeberg Abraham Schulman Roger Segal Hilda P. Shapiro Leon M. Siegel Charles S. Simon Sydney Skopp Rebecca Soffin Elise Stern Hank Strauss Martin J. Vigderman Israel Weiner Rifka Weinroth Lena Worker Max Wurzel

MARCH 15 TO MARCH 21, 2025 15 Adar 5785 to 21 Adar 5785 To be read on Friday, Mar. 14 and Saturday, Mar. 15

Marvin D. Alloy Sima Blank Mottie Buten Miriam Chacker Harry E. Chamow Ethel R. Chernicoff David H. Cohen Gerson Dannenberg Ada Davidoff David Emas Dave H. Fmas Harry Farber Saul Finestone Emma Fingerman Rabbi Judah Leon Fish Albert Joseph Fuller Beniamin Loewenstein Ginns Abraham H. Gitlow Mitchell Glick Claire Gold Rachel Goldberg Robert D. Goldman Gertrude Goodman Rose Gorchov Richard Gross Fannie A. Gruber Stephanie Gitlow Hanly Esther Hertzfeld Samuel Hirsch

- 🏚 -Flora Hyman Emma Garfield Israel Minnie Price Jaffe lda Karabell Marian Karsif Morris Kauffman Rebecca Kauffman Hvman Kibrick Évelyn Kiner Lena Klein Hannah Resnick Koff Lesser Kohn Michael Kosmin Kyle Reed Kravitz, Esq. Herman Krupnick Yetta Leback Sigmund Louis Lebowitz Rose Leidner Rosalie Ulm Leowenheart Annie Levin Tillie Loeb Clara Lowenstein Paul B. Lurch Betty Libby Mason Rose Nitzbera Harry Norvick Jay Öberfield Dora Wolff Orlick Frances S. Pincus

Sarah Jane Price Shirley Price Florence F. Rabinowitz Arthur S. Rifkin Pauline Rosenberger Sarah Rosenthal Beatrice D. Rubenstein Rose Maisel Rubenstein Dr. Robert W. Rubin Abraham Saltzman Leah Schepp Sarah Schiff Herman Senet Anna Shalevetz Jeannette Sams Shapiro Edward Shore

Samuel J. Simon Anna R. Sobel Samuel A. Sopenoff Steven H. Starr Selma Strauss Claire B. Stup Philip Frank Tapper Leah Zimmerman Taylor Harry H. Vederman Dora Warren Samuel Weber J. Irvina Weinbera Pauline Weinberg Bertha Weiner **Rachel Worker** Herman 7erden

MARCH 22 TO MARCH 28, 2025 22 Adar 5785 to 28 Adar 5785 To be read on Friday, Mar. 21 and Saturday, Mar. 22

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Avram G. Adler Nancy Sivitz Albertson Rabbi Leon Album Isaac Alkus Jennie Baruch Gerson Blankfield Fleurette Blum Fred Brod Sidney H. Damsker Lena G. Dean Gussie Engel Oscar Feinstein Lewis Feld Abe Felix Lionel Felzer Barbara Widman Freedman 7elda Glauser Antonie Goldstein Nettie Goodman Meyer H. Gradwohl Leonard A. Green lda Haher Mildred F. Halin Abraham J. Hirsch Nathan Hoffman Hyman Hopen Bessie Hunn Rose Jacobs Gertrude Kancher William Karsif Ted Kellem David Koppelman Bella Leidner Abraham L. Levi

David E. Lewis Mussie Love Judith Markowitz Claire B. Marmon Annie Maxman Dr. Philip Mogil Simon Mustokoff Harriet Panitch Moses Price A. Lois Remstein Sima Robinson Morris D. Rose Max Rosen Rabbi Yaakov G. Rosenberg Michael Rosenfelt Dorothy Schlesinger Herman Schwartz Harry Sigel Sharon J. Silver Marcus Sonnenfeld Barbara M. Steinberg Morris Steinberg Evelyn R. S. Steinberg Lucien M. Stern Marie Stern Isadore Strauss Nettie Subin Esther R. Suzmer Lewis Viner Rae Z. Weinberg Louis Weiss Dr. Sidney M. Wolfe Rickie Wollenberger Anna 7itin

MARCH 29 TO APRIL 4, 2025 29 Adar 5785 to 6 Nisan 5785

To be read on Friday, Mar. 28 and Saturday, Mar. 29

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Cyrus Adler Louis F. Anathan Mollie Aronson Jennie Arronson Clara Lemisch Auerbach

Dr. Sheldon G. Bahoff Elizabeth Barcus Lewis H. Bergman Doris Dannenhirsh Beshunsky Minnie A. Bilker

Mollie Aronson Lewis H. Bergman Jennie Arronson Doris Dannenhirsh B

Rebecca Disenhof Arkow Jack Atkins Herman Louis Axe Laurie Hope Beechman Dr. Donald Berkowitz Renee Blitstein Miriam Blitz Philip Blum Mollie Blumberg Joseph H. Braemer Michael Brandon Sheila Brandon Sheila Brandon Sheila Brandon Sheida Brandon Sheida Charny - xx Pearl B. Cohen Lewis Coren Samuel Cowan Samuel Croul Milton Abraham Dauber Bertha Demp Milton Robert Edelman Bernhard Feigenbaum Samuel Feinberg Lillian Freeman Minnie Friedman Regina Friedman Sophie Galperin Simon L. Garfinkel Marion Gershman

MARCH 8 TO MARCH 14, 2025 8 Adar 5785 to 14 Adar 5785 To be read on Friday, Mar. 7 and Saturday, Mar. 8

לזכר עולם In Remembrance

Simon E. Block Dr. George I. Blumstein Hattie Mitchell Brav Louis Brody Dr. Allan Brooks Eva Perlberg Buchsbaum Rose Chalfin Lenore Cooperman Celia Dannenhirsch Harry Derewitz Dr. Abraham George Dinenberg Shirley Dolfman Joshua Eilberg Minnie Finhorn Jack Forman Flainne Fox Ida Freeman Abraham L. Ginsberg Edward Ginsburg Albert Martin Gordon Gustav Heidelberger Dr. Michael Scott Kane Masha Kanoff Leon Katz Yetta Katzner Morris Kauffmann Maurice A. Kendall Leon Kimmelman Matilda B. Krupnick Albert Abraham Kutner

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APRIL 5 TO APRIL 11, 2025 7 Nisan 5785 to 13 Nisan 5785 To be read on Friday, Apr. 4 and Saturday, Apr. 5

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PESA<u>H</u>, DAY I APRIL 12 TO APRIL 13, 2025 15 Nisan 5785

To be read on Sunday, Apr. 13

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Herman Barash Ruth H. Bernstein Hannah E. Cohen George Corn Julia Diamond Rita Blumenthal Ginns Morris Goldstein Albert Hollin Dr. Daniel M. Isaacman

Paul Leibovitz Sarah Paller Abraham I. Raphael Dorothy G. Salus Dorothy Schneider Mildred K. Strauss Hannah Staub Weiss Herman M. Wirtschafter

Esther Kalish

APRIL 12 TO APRIL 18, 2025 14 Nisan 5785 to 20 Nisan 5785

To be read on Friday, Apr. 11 and Saturday, Apr. 12

Richard Adelson Morris Alkus Harry Balen Herman Barash Anna Baylson Ruth H. Bernstein Sarah Block l isa Bornstein Hannah E. Cohen Harry J. Cohen George Corn Alfred L. Cowan Max Mendel Cravzow Morris E. Deutsch Julia Diamond Esther S. Dietz Louis Elkins Isadore Fineman Rita Blumenthal Ginns Isaac M Goldberg Morris Goldstein Herbert Gross Max Gunther Minnie Harris Klara Heidelberger Louis Hoffman Albert Hollin Samuel Hunn Dr. Daniel M. Isaacman Jules Kadane Esther Kalish Samuel H. Kancher

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APRIL 19 TO APRIL 25, 2025 21 Nisan 5785 to 27 Nisan 5785

To be read on Friday, Apr. 18 and Saturday, Apr. 19

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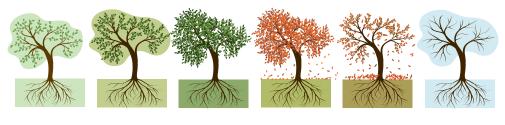
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APRIL 26 TO MAY 2, 2025 28 Nisan 5785 to 4 Iyar 5785 To be read on Friday, Apr. 25 and Saturday, Apr. 26

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The Seasons of Our Lives

Adath Jeshurun looks forward to acknowledging significant milestones in the lives of our members. Announcements for The Seasons of Our Lives should be sent to the synagoque office in writing or by email to office@adathjeshurun.info with the notation "Seasons of Our Lives" in the subject line. Please include your phone number.

Births (Hillel Hoffmann) Oscar (Ozzy) David Mazariego, grandson of **Amy and Mitchell Russell** January 28, 2025 Barbara (Steven) Shotz Maxwell Reed Meyers Rosenbloom, grandson of Rabbi Seymour and Cindy Rosenbloom and son of Daniel Rosenbloom and Dr. Melissa Meyers February 13, 2025 LePar (Joseph Silverstein) Deaths **55 YEARS** Joseph Superfine, husband of Adele Superfine Barbara and Steven Shotz December 23, 2024 Irene Blumenfeld January 8, 2025

Marcia Webber, mother of Sharon Webber January 23, 2025 Dr. Marvin Berman, brother of February 6, 2025 Edwin LePar, husband of Martha and father of Felice February 19, 2025 **April Milestone Anniversaries** April 12, 1970

Kol HaKavod to our December and January **Torah and Haftarah Readers**

Rebecca Cherry Debbie Seltzer Cohen Allan Freedman Robert Friedman Howard Gershman Hazzan Howard Glantz Bonnie Kanefsky Elon Kaplan

Donna Levin Susan Novack Gail Schwartz Shelley Schwartz Marjorie Shribman Meryl Sussman Marcia Webber z"l Tammy Zebovitz

תודה רבה

Thank you for your generous donations to our synagogue funds

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IN MEMORY OF **Clara Hernes** Diana Kanoff Kenneth Golden Sylvia Golden IN HONOR OF **Mindy Goldstein Refuah Shlema** Merril Stup and Leslie Sokolow Sima Sussman **Mindy and Stephen Goldstein** Mazel Tov on the birth of your

granddaughter, Noa Eden Merril Stup and Leslie Sokolow

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Bettyruth Aisenstein Alice H. Alloy

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For convenience, you can make your donation at www.CongregationAJ.org.

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If added to your synagogue bill	\$20 minimum donation
Seder Avodah Fund (new edition)	\$36 donation
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The Congregation's Torah

Donations to the Congregation's *Torah* are a unique opportunity to help fund AJ's Endowment to ensure the future of the Congregation while celebrating a special occasion or remembering a loved one. Each donation will be acknowledged in the Congregation's *Torah* display case outside the Strauss Chapel.

Pasuk (a verse of Torah)	\$150
Aliyah (each section of a weekly portion)	\$250
Patriarchs, Matriarchs, Biblical Symbols, Names	\$500
Maftir (final Aliyah each week)	\$1,000
Parasha (weekly reading)	
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Please contact the synagogue office at 215.635.6611 for more information about donations to the Congregation's *Torah*.

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Donation made in reverence and remembrance of my departed loved ones Phyllis Wexler

Joy Fund

IN HONOR OF Leslie Sokolow In honor of the birth of your grandson, Micah Isaac Arch *Rhea Applebaum and Michael Chernoff Debbie Seltzer Cohen Harry and Wendy Lessig Steve Strauss The Sulman Family Sima Sussman Steve and Tammy Zebovitz* Merril Stup

Marrin Scup Mazel Tov to Tante Merril on the birth of Micah Isaac Arch Rhea Applebaum and Michael Chernoff Sima Sussman Steve and Tammy Zebovitz

Arielle Gillen In honor of your reading of Ashrei The Maman Family

Mindy Goldstein Wishing you a speedy recovery Shelley and Roy Schwartz Steve Strauss

Mindy and Stephen Goldstein Mazel Tov on the birth of your granddaughter, Noa Eden Debbie Seltzer Cohen Shelley and Roy Schwartz Steve Strauss Sima Sussman Pam and Joe Yohlin Tammy and Steve Zebovitz

Jill and Steve Max Mazel Tov on the birth of your granddaughter, Micah Joelle Shelley and Roy Schwartz Sima Sussman

Lorna and Murray Rosenberg Belated Mazel Tov on the birth of your granddaughter, Elyse Jules Debbie Seltzer Cohen

Mark and Gail Schwartz In honor of your 50th wedding anniversary Ann Kalmanor Wendy and Harry Lessig Sima Sussman

Leslie Sokolow For a speedy recovery Lana and Bernie Dishler Randi Freeman and Marlene Markowitz Helen Victor Turk

Education Fund

IN HONOR OF Mindy Goldstein Refuah Shlema

Jill and Steve Max Mindy and Stephen Goldstein In honor of the birth of your granddaughter, Noa Eden Margie Green and Family Mark and Bernice Schwartz

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Leslie Sokolow and Merril Stup Mazel Toy on the birth of

Micah Isaac Arch Eadie Brooks Margie Green and Family Bernice and Mark Schwartz

Leslie Sokolow For a speedy recovery Mark and Bernice Schwartz

Tamhui Fund

IN MEMORY OF Edith Freeman Randi Freeman

Marvin R. Shackmaster Carol B. Shackmaster

IN HONOR OF Randi Freeman Congratulations on your new position at work Merril Stup and Leslie Sokolow

Marlene Markowitz Mazel Tov for your Hadassah honor Merril Stup and Leslie Sokolow

Claire Newman Mazel Tov on your special

birthday! Tammy and Steve Zebovitz

Harriet Sigel Mazel Tov on being honored by Hadassah Merril Stup and Leslie Sokolow

Leslie Sokolow For a speedy recovery Karen and Ed Moses

The Yohlin Family Thank you for the wonderful <u>H</u>anukkah event Anonymous

Hazzan's Discretionary Fund

IN MEMORY OF Marvin Berman

Jill and Steve Max Chuck Steinberg and Eileen Dwell

Cantor Charles Davidson Michael Sokol

Darlene Levin Gail and Mark Schwartz

IN HONOR OF AJ Family

Thanking our AJ Family for all the good wishes on our 50th wedding anniversary *Gail and Mark Schwartz*

Rav Hazzan Howard Glantz Happy to see you! Eadie Brooks

Rav Hazzan Howard Glantz In appreciation Joe and Jenny Schwartz, Carol Schwartz, Chris Mills and Thea Mills

Rav Hazzan Howard Glantz

In appreciation of the beautiful service you did in honor of our 50th wedding anniversary *Gail and Mark Schwartz*

Mindy Goldstein

Refuah Shlema Karen and Ed Moses Gail and Mark Schwartz

Sylvia 6. Starr Susan F. Starr Adolpf Steiger The Steiger Family Bertha Steiger Fund • Library Fund • Breakfast Fund • nent of Tefillah •

Mindy and Stephen Goldstein Mazel Tov on the birth of your granddaughter, Noa Eden Rhea Applebaum and Michael Chernoff

Gail and Mark Schwartz Happy 50th anniversary! Henrietta Mustokoff Merril Stup and Leslie Sokolow

Leslie Sokolow Mazel Tov on the birth of your new grandchild Maxine Marlowe

Leslie Sokolow Wishing you good health Maxine Marlowe Helen Victor Turk

Rabbi's Discretionary Fund

IN MEMORY OF Marlene Wynn Rhea Applebaum and Michael Chernoff IN HONOR OF Rav Shai Cherry In appreciation for the wonderful service you led in boomderful service you led in

honor of our 50th wedding anniversary Gail and Mark Schwartz Rav Shai Cherry

For all you do The Siegel Family Batva Haas

a**tya Haas** Thank you for helping me in a pinch *Ethy Gross*

The Kalmanor Endowment for Musical Enhancement of Tefillah

IN HONOR OF Ann Kalmanor

For a speedy recovery Karen and Ed Moses

Ann Kalmanor In appreciation for this new fund *Harry and Wendy Lessig*

Our thanks to our AJ family for the contributions in honor of the birth of our grandson and great nephew, Micah Arch.

Bubbie Leslie Sokolow and Tanta Merril Stup



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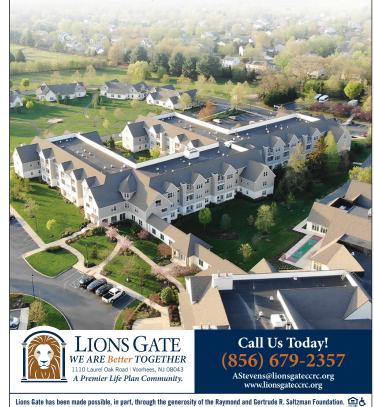


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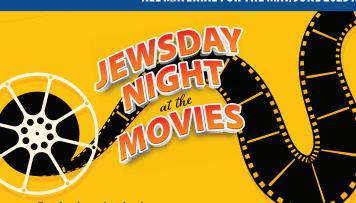
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Please contact the office for the most up-to-date approved caterers list.

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Congregation Adath Jeshurun is an inclusive, egalitarian Conservative synagogue. All are welcome irrespective of gender, race, or sexual orientation. We welcome dual-faith families who want to be involved in the Jewish community. Design: Marjorie Trager Editor: Marlena R. Kleit Printing Coordinator: Silver Graphics Printer: Tri-County Printers, Oreland, PA

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Exodus (war/action) Tuesday, March 4 at 6:00 PM (note early start time)

1960 (United States), directed by Otto Preminger

Based on Leon Uris' novel, this historical epic provides a dramatic backstory to the creation of the state of Israel in 1948, in the aftermath of World War II. Ari Ben Canaan, a passionate member of the



Jewish paramilitary group Haganah, attempts to transport 600 Jewish refugees on a dangerous voyage from Cyprus to Palestine on a ship named the Exodus. He faces obstruction from British forces, who will not grant the ship passage to its destination. Starring Paul Newman, Eva Marie Saint, Ralph Richardson, Peter Lawford, Sal Mineo, Jill Haworth, Lee J. Cobb, and John Derek.

Golda (biographical drama) Tuesday, April 29 at 7:30 PM

2023 (United States), directed by Guy Nattiv

Faced with the potential of Israel's complete

destruction, Prime Minister Golda Meir must navigate overwhelming odds, a skeptical cabinet and a complex relationship with U.S. Secretary of State Henry Kissinger as millions of lives hang in the balance during the tense 19 days of the Yom Kippur War in 1973. Starring Helen Mirren, Camille Cottin, Liev Schreiber, Lior Ashkenazi, and Dvir Benedek.

Incitement (psychological thriller) Tuesday, May 27 at 7:30 PM

2019 (Israel), directed by Yaron Zilberman

Incitement details the year leading to the assassination of Israel's Prime Minister, Yitzhak Rabin (1922–1995), from the point of view of the assassin. In September 1993, Rabin announces the Oslo Accords, which aim to achieve a lasting peace between Israelis and Palestinians after decades of violence. Yigal Amir, a law student and a devoted Orthodox Jew, cannot believe that his country's leader will cede

territory that he and many others believe is rightfully — by the word of God — theirs. As the prospect of a peaceful compromise approaches, Amir turns from a political activist to an extremist. He recruits fighters and steals weapons to form an underground militia intent on killing Palestinians. He soon learns of an ancient Jewish law, the Law of the Pursuer, that he believes gives him the right to murder Yitzhak Rabin. Convinced he must stop the signing of the peace treaty in order to fulfill his destiny and bring salvation to his people, Amir's warped mind sees only one way forward.



