

CONGREGATION
ADATH JESHURUN



**Welcome to Shabbat services
at Adath Jeshurun.**

Congregation Adath Jeshurun is an inclusive, egalitarian Conservative synagogue. All are welcome irrespective of gender, race, or sexual orientation. We welcome dual-faith families who want to be involved in the Jewish community.

PROFESSIONAL STAFF

Shai Cherry, Rabbi
Howard K. Glantz, Hazzan
Tracey Perchick,
Early Learning Center Director
Amy Devine-Stretch, Office Manager
Calvin Thompson,
Building Supervisor
Beth Shapiro, Director of
Programming and New Initiatives
Beryl Rosoff-Verbit,
Administrative Assistant
Marjorie Trager, Graphic Designer
and Publicity
Seymour J. Rosenbloom,
Distinguished Service Rabbi
Charles S. Davidson z"l,
Hazzan Emeritus

SYNAGOGUE OFFICERS

Dr. Harry Lessig, President
Mark Schwartz, Exec. Vice President
Doug Karan, Vice President
Leslie Sokolow, Vice President
Tammy Zebovitz, Vice President
Steven Strauss, Treasurer
Howard Goldman, Assistant
Treasurer
Maxine Croul, Secretary
Howard Levin,
Immediate Past President

TRUSTEE OFFICERS

Bruce Armon, Chairman
Judy Stutman Izes, Vice Chairman
Anne S. Fassler, Secretary

CONSTITUENT GROUP PRESIDENTS

Skip Atkins and Wendy Cooper, Co-chairs of Adult Education Committee
Howard Goldman, President, Men's Association
Karen Moses, President, AJWA Sisterhood
Lorna Rosenberg, President, L'olam Committee
Michele Wernick, Social Action Committee

SHABBAT TOLDOT

November 29, 30, 2024 • 29 Heshvan 5785

TORAH

Genesis 26:30 — 28:9
Page 97 Hertz Humash
Page 153 Humash Etz Hayim

HAFTARAH

I Samuel 20:18–42
Page 948 Hertz Humash
Page 1215 Humash Etz Hayim

TORAH READERS

Shalev Cherry Rabbi Carol Harris-Shapiro Mindy Goldstein
Susan Novack Marjorie Shribman Donna Levin

HAFTARAH READER

Rabbi Carol Harris-Shapiro

Mazel Tov to Elana Estrin on the anniversary of her Bat Mitzvah!

SERVICE SCHEDULE

Shabbat Toldot (November 29, 30, 2024 | 29 Heshvan 5785)

Kabbalat Shabbat 6:15 PM
Shabbat Morning Service 9:30 AM
Minhah-Ma'ariv-Havdalah 4:20 PM

Rosh Hodesh Kislev (December 1, 2, 2024 | 30 Heshvan, 1 Kislev 5785)

Sunday Morning Service 9:00 AM
Monday Morning Service 7:00 AM

Shabbat Vayetze (December 6, 7, 2024 | 6 Kislev 5785)

Kabbalat Shabbat 6:15 PM
Shabbat Morning Service 9:30 AM
Minhah-Ma'ariv-Havdalah 4:20 PM

Rav Hazzan Glantz is seeking volunteers to join him at the Delaware Valley Veterans Home for a Hanukkah celebration on Thursday, December 26, at 3:30 PM. Please notify him if you are interested.

On the following day, December 27, at 4:00 PM, he will lead Kabbalat Shabbat services at Rydal Park & Waters on the Fairway in Jenkintown and you are welcome to attend.

The Congregation's Torah

The image on page 3 highlights the donations to the Congregation's Torah that have been made in the past years, related to this week's Torah portion (Parashat Hashavua).
Visit www.CongregationAJ.org for more information.

Yahrzeits

November 30 to December 6, 2024
29 Heshvan to 5 Kislev 5785

Passed away this week:

Sylvan Eisman, father of our congregants,
Sherrie Eisman and Robin Eisman

Helen Abrams	Anna S. Grossman	Sonya Podell
Tillie Balis	Herman Heilbron	Aaron Pressman
Samuel Balter	Morris Hoffman	C. Willard Robinson
Edna W. Baylson	Clara Isaacman	Henrietta Rosenbaum
Ida Beilan	Leopold Kahn	Rose Rosenstein
Rose Shander Blank	Cecelia Frieder Kahn	Herman Rosenthal
Cantor Arnold H. Bloch	Sarah Freedman Klein	Maurice Rosoff
Sarah Block	Annie Klein	Judy Schwartz
Max David Chalphon	Florence Budin Kroser	Elaine Beverly Seidman
Harry Aaron Clair	Lyllyan Langerman	David Senoff
Lena Cohn	William Lockstanow	Eli Shaffer
Louis Feldenkreis	Bernard H. Love	Jack Shorr
Joseph C. Fleisher	Louis Mann	Solomon Sickles
Louis J. Fox	Joseph Marcus	Jennie Stern
Beverly Eve Goldstein	Richard Markowitz	Mrs. Maxine Stutman
Frances Goodman	Rose Tolen McKenna	Samuel Unterberger
Pinchas Gorinstein	Fritzie S. Meyer	Max H. Vigderman
Lola Apothaker Green	Julius Pashman	D. Leonard Vigderman
Dora Greenberg	Lillian Blank Piltzer	Samuel Wohl
Aaron S. Grossman	Eve R. Plotnick	

REGULAR WEEKDAY SCHEDULE

Evenings (in person and via Zoom)

Sunday through Thursday: 7:00 PM

Mornings (in person and via Zoom)

Sunday: 9:00 AM; Monday and Thursday: 7:20 AM;

Tuesday, Wednesday, and Friday: 7:30 AM

REMINDER: All services are now in person at AJ and available via Zoom. Please continue to register for Friday evening and Saturday morning services by going to tinyurl.com/Services-Nov24, tinyurl.com/Services-Dec24, or by using the service sign-up form link in the weekly email or on the AJ website. Your registration will help keep the building secure. Thank you!

PARASHAT TOLEDOT

Sandy and Jay Schinfield

in honor of Seth Schinfield's Bar Mitzvah
(November 13, 1993)

MAFTIR

The Shenderwitz Family

in honor of Micah Shender's Bat Mitzvah

BIBLICAL SYMBOLS, PATRIARCHS, AND MATRIARCHS

**Gerry Rudman, Eydie Rudman, Howard
and Emily Levin, Dana, Jonathan and Lilly Keller**

Jacob

in memory of Stephen D. Rudman

ALIVOT

Michele and Jay Perloff

Genesis 25:19-26:5 — Rishon

in honor of our children, Joshua and Hannah

Sheva and Martin Cohen

Genesis 27:28-28:4 — Shishi

in honor of Jaclyn Cohen's graduation from college in May 2000

**Dick and Bobbi Weiss, Elissa Sunshine, Karen Senter,
Steve and Lynne Secunda, Alan and Marilyn Schwedel,
Dick and Sae Sandler, Larry and Brenda Robinson,
Harold and Elinor Oertell, Bert and Sharyn Model,
Mark and Linda Laptig, Sherry King, Dick and Joan Keiser,
Herb and Barbara Frank, Alan and Jackie Cosner,
Michael and Ellen Brooks, Bud and Mona Berman**

Genesis 26:23-30 — Rishi

in honor of the 50th anniversary of Melvyn and Aileen Rothbard

P'SUKIM

BIBLICAL NAMES

Miriam Kotzin — Isaac

in memory of Dr. Isadore Kotzin and Frances S. Kotzin

Sharon and Edward Masarsky — Isaac
in honor of our grandson, Isaac Radofker

Prayer for Our Country and Our World

Rav Shai Cherry

May it be Your will *Adonai Eloheinu v'Elohei avoteinu*,
That the leaders and advisors stewarding our planet
Be graced with Your light and wisdom.

May the insight that every human is created in Your image
Animate our pursuit of liberty and justice for all,
And give to bigotry no sanction.

May our leaders wed justice to mercy as they contend
With emerging challenges and dire threats.

May our government's checks and balances safeguard the ideals and
Free institutions which are the pride and glory of our country.

May our leaders forsake immediate gratification to pursue long-term weal.
May they be faithful to our founders' motto: *E pluribus unum*,
To promote conditions for a common bond in true harmony.

"He has told you what it is to be good.
What the Lord demands from you:

Only this—Do justice and lovingkindness,
And walk modestly with your God."

Bless us, O Lord, with the fortitude to free the fettered, raise the fallen,
Straighten the bent, bind the wounded, and heal the afflicted.

May rivers of righteousness overflow, sprouting seeds of justice along the banks,
Until peace fills the earth as water fills the sea.

As our ancestors responded to God's call,
So will we, together, *Hineinu*.

Prayer for the State of Israel

אָבִינוּ שְׁבַשְׁמַיִם, צוֹר יִשְׂרָאֵל וְגוֹאֲלוֹ, בְּרַךְ אֶת מְדִינַת יִשְׂרָאֵל, רֵאשִׁית
צְמִיחַת גְּאֻלְתָּנוּ. הִגֵּן עָלֶיךָ בְּאַבְרַת חֶסֶדְךָ וּפְרוּס עָלֶיךָ סֶפֶת שְׁלוֹמְךָ

*Avinu she-ba-shamayim, tzur Yisrael v'go-alo bareikh et m'dinat yisrael,
reishit tz'mihat g'ulateinu. Hagein aleha b'evrat hasdekha, u-f'ros aleha
sukkat sh'lomekha.*

Avinu she-ba-shamayim, stronghold and redeemer of the people Israel:
Bless the State of Israel, the beginning of our redemption. Shield it with
your love; spread over it the canopy of your peace.

UPCOMING EVENTS AND ANNOUNCEMENTS

Thursday Mornings: Midweek Moment of Mindfulness. Sit and engage in a mindful meditation, deep, healing breathing, or gentle movement for 30 minutes. Meet us in the Strauss Chapel immediately after minyan breakfast. Come as you are, come from home or work or from minyan. Join your friends or bring a friend for a moment of mindfulness, calm and community! No registration is needed. Thursday mornings from 9:00 AM to 9:30 AM.

Saturday Mornings, Now Through December 7: The Baby Bunch with Lauren. For Parents (or Grandparents!) of Very Young Children (0 to 2 years)! “The Baby Bunch with Lauren” is coming to AJ! Lauren offers a 6-week series for parents and their young children. While the children enjoy circle time, music, movement, etc., parents will discuss the joys and challenges of raising little ones, as well as strategies to bond with your child, manage stress, and cope with varying emotions as a new parent! \$18 per class. The Baby Bunch will meet in the Braemer Lounge on Saturday mornings, at 9:30 AM. Please call Lauren at 215.803.8591 with any questions or to register. You can also send an email to TheBabyBunchwithLauren@gmail.com. If you know of any parents with young children, please pass this info on!

Wednesday, December 4: AJ Bereavement Support Group. Rav Hazzan Glantz leads this monthly gathering specifically designed to foster a secure, confidential, and non-judgmental environment that encourages individuals to freely express their emotions. A warm invitation is extended to everyone interested in attending these meetings. Feel free to contact Rav Hazzan Glantz in advance with any questions. Following evening minyan at 7:30 PM.

Sunday, December 8: AJ Adult Ed Series: “About Zion,” Part 1 Supplement: Trip to the Museum of the Bible in Washington, DC. As part of our Adult Education’s series “About Zion,” we’ll be going to Washington, DC to the Museum of the Bible on December 8. Exhibitions there are focused on the Jewish Bible, life in the Land of Israel during the time of Jesus, the Christian Bible, as well as the legacies of the Bible. We’ll be exploring the floors dealing with the Hebrew Bible and the Land of Israel. *****SOLD OUT!*****

Tuesday, December 10: L’olam Lecture Via Zoom: Why Would an Orthodox Rabbi Swear Off Kosher Meat? Join us on Zoom to learn with Rabbi Doctor Shmuly Yanklowitz, an Orthodox Rabbi, an author of more than 25 books, an academic, and a vegan! Rabbi Shmuly has written extensively on questions of Jewish veganism and vegetarianism and animal ethics. We hope this interesting conversation will continue to inform us as we look to creating a new food policy for Adath Jeshurun this spring. Yanklowitz was featured in the 2019 documentary, “A Prayer for Compassion,” about veganism and spirituality (<https://aprayerforcompassion.com>). To learn more about him,

please visit his website: <https://www.rabbishmuly.com/>. Please register at www.adathjeshurun.info/form/lolam-shmuly.html. 7:45 PM.

Saturday, December 14: Havdallah Rocks! Join your fellow AJers as we nosh, dance, and sing along with Grammy winner Joanie Leeds! We will also have a hot latke bar with the absolutely best toppings ever. The warmth of Havdalah and the lights of Hanukkah will bring joyful celebration and togetherness into our synagogue this December! In addition to our delicious latke bar for everyone, we’ll have a craft project for your children inspired by your children’s favorite latke recipes. These art projects are sure to become your families next Hanukkah keepsake! This is sure to be a wonderful upbeat event! Register early and share your favorite latke recipe and we will share those with everyone at the event! Register at <https://tinyurl.com/AJ-Rocks-121424>. 4:20 PM.

Tuesday, December 24: Jewsdays at the Movies, AJ Holiday Style: Chinese Food and a Movie. What do Jews do on December 24th? Join us for Chinese food and a screening of *You Are So Not Invited to My Bat Mitzvah*, starring Adam Sandler. We’ll be serving vegetarian kosher Chinese food, popping popcorn, and watching the movie. The cost is \$10 per family. If you intend to join us, **please register by Friday, December 6.** We must have registration completed by December 6 to run this program. Go to https://www.adathjeshurun.info/form/JNAM_122424.html to register. 7:45 PM

Orange County Community Scholar Program (CSP). AJ, dedicated to the Jewish value of learning for its own sake (*Torah lishmah*), has a partnership with the Orange County Community Scholar Program (CSP). You can find details on the programs and the presenters, as well as register, at <https://occsp.net/csp-online-zoom-events/>. If you register and can’t attend, a link will be sent after the event to a recording.

AJ’s Social Action Committee, in conjunction with the **AJ Early Learning Center**, will be holding a coat drive from **December 1 through December 15**. Boxes will be placed outside the Early Learning Center doors. Coats will go to Cradles to Crayons. Cradles to Crayons provides children from birth through age 12, living in homeless or low-income situations, with the essential items they need to thrive — at home, at school, and at play. If you would prefer to make a financial donation, you can make one at <http://www.cradlestocrayons.org/philadelphia/donate-now/>. Thank you in advance for your support.

Take a look at the AJ Community Bulletin Board! We’ll be letting you know about things we think may be of interest to you. You’ll find non-AJ events that are happening in the Elkins Park community and beyond, thoughts from Rav Shai, content concerning Israel, etc. Check it out at <https://www.adathjeshurun.info/bulletinboard!>

Congregation Adath Jeshurun

Established in 1858, our congregation was one of the founding members of the United Synagogue of America. Men and women worship with equal standing in our services which, while grounded in Jewish tradition, seek to respond to the modern intellectual, spiritual, and aesthetic needs of today's congregants. In 2004, our congregational family grew with the addition of Oxford Circle Jewish Community Centre-Brith Israel. Our unique prayer book, *Seder Avodah*, was compiled, edited, and translated by Rabbi Max D. Klein, of blessed memory, who was our spiritual leader from 1910 until 1960. It was extensively revised and reissued under the direction of Rabbi Seymour Rosenbloom in 2008, as part of our 150th Anniversary year, and dedicated by Marvin N. and Mildred W. Demchick.

As members of the Conservative movement, we expect all men to wear a *kippah*/head covering during religious services. Jewish men are further requested to wear a *tallit*/prayer shawl during morning services. Women are also encouraged to observe these practices. Both men and women are required to wear a head covering when ascending the *bima*, particularly when called to the Torah for an *aliyah*. We request that you enter or exit the sanctuary only when the congregation is seated.

If you must have your cell phone with you, please silence it. Smoking is not permitted in the building or on the grounds. Guests are reminded that photography is not permitted on Shabbat.

We offer an audio enhancement system. Please ask an usher for a personal headset and receiver. The systems are to be returned to the ushers prior to leaving the synagogue. Please note that a large-print *Seder Avodah* is also available from the ushers.

We at Adath Jeshurun are proud of our award-winning religious, education, music, and youth programs, and our nationally accredited preschool. Our congregation offers a full calendar of religious, educational, and cultural events through Men's and Women's Associations, Adult Education, Social Action (AJ Acts), L'olam (Judaism and the environment), and B'Bayit (catering) committees.



Contributions to Adath Jeshurun to honor B' Mitzvah celebrations, births, weddings, or in memory of loved ones are greatly accepted.
Please contact the office for more information.