

CONGREGATION
ADATH JESHURUN



**Welcome to Shabbat services
at Adath Jeshurun.**

Congregation Adath Jeshurun is an inclusive, egalitarian Conservative synagogue. All are welcome irrespective of gender, race, or sexual orientation. We welcome dual-faith families who want to be involved in the Jewish community.

PROFESSIONAL STAFF

Shai Cherry, Rabbi
Howard K. Glantz, Hazzan
Tracey Perchick,
Early Learning Center Director
Amy Devine-Stretch, Office Manager
Calvin Thompson,
Building Supervisor
Beth Shapiro, Director of
Programming and New Initiatives
Beryl Rosoff-Verbit,
Administrative Assistant
Marjorie Trager, Graphic Designer
and Publicity
Seymour J. Rosenbloom,
Distinguished Service Rabbi
Charles S. Davidson z"l,
Hazzan Emeritus

SYNAGOGUE OFFICERS

Howard Levin, President
Dr. Harry Lessig, Exec. Vice President
Doug Karan, Vice President
Mark Schwartz, Vice President
Tammy Zebovitz, Vice President
Steven Strauss, Treasurer
Howard Goldman, Secretary
Judy Stutman Izes,
Immediate Past President

TRUSTEE OFFICERS

Bruce Armon, Chairman
Judy Stutman Izes, Vice Chairman
Anne S. Fassler, Secretary

**CONSTITUENT GROUP
PRESIDENTS**

Howard Goldman
President, Men's Association
Karen Moses
President, AJWA Sisterhood
Lorna Rosenberg
President, L'olam

SHABBAT BAMIDBAR

June 8, 9, 2024 • 2 Sivan 5784

TORAH

Numbers 3:14 – 4:20
Page 576 Hertz Humash
Page 779 Humash Etz Hayim

HAFTARAH

Hosea 2:1 – 2:22
Page 582 Hertz Humash
Page 787 Humash Etz Hayim

TORAH READERS

Rav Hazzan Howard Glantz Susan Novack
Donna Levin

HAFTARAH READER

Tammy Zebovitz

Mazel Tov to Tammy Zebovitz who celebrated a birthday this week!

SERVICE SCHEDULE

Shabbat Bamidbar (June 7, 8, 2024 | 2 Sivan 5784)

Shabbat Morning Service 9:30 AM
Minhah-Ma'ariv-Havdalah 8:10 PM

Tikkun Leil Shavuot (June 11, 2024 | 5 Sivan 5784)

Minhah 7:00 PM
Teaching:
Rav Shai: "Revelation in the 20th Century" 7:30 PM
David Arnow, PhD: "The Torah of Hope, Part 1" 8:30 PM
Cheesecake Break! 9:30 PM
Rav Shai: "Lilith: The Primordial Hermaphrodite" 10:30 PM

Shavuot (June 12, 2024 | 6 Sivan 5784)

Morning Service, including Yizkor 9:30 AM
Luncheon with David Arnow, PhD speaking on
"The Torah of Hope, Part 2" 12:00 PM

Shabbat Naso (June 14, 15, 2024 | 9 Sivan 5784)

Kabbalat Shabbat 6:15 PM
Shabbat Morning Service 9:30 AM
Minhah-Ma'ariv-Havdalah 8:15 PM

REGULAR WEEKDAY SCHEDULE

Evenings (in person and via Zoom)
Sunday through Thursday: 7:00 PM

Mornings (in person and via Zoom)
Sunday: 9:00 AM; Monday and Thursday: 7:20 AM;
Tuesday, Wednesday, and Friday: 7:30 AM

Yahrzeits

June 8 to 14, 2024
2 Sivan 5784 to 8 Sivan 5784

Passed away this week:

Dr. Nathan Schnell



Philip Abrams	Sallie Aarons Gillum	Flora Oppenheimer
Gerald Bee	Hyman H. Ginsburg	Bertha Ostroff
Samuel Bee	Ruth Greenberg	Max Perkal
Gustav Beerwald	Leokadia Hejnar	Edith Poulshock
Molly Bender	Moses Hirschberg	Stanley Rosenberg
Beatrice Resnick Benditt	Lillian S. Hirsh	Isadore Rosenstein
Claire Berger	Alexander Holstein	Harry A. Rubin
Dr. Israel Binder	Ida E. Hunn	Ellis Rudman
Fannie Blum	Anna Freeman Jacoby	Hyman Schinfeld
Clara Braverman	Harry Rome Jaspán	Dr. Myron Schneeberg
Anna B. Bregman	Emilie Kahn	Oscar Schwartz
Edith E. Brenner	Samuel Klein	Sylvia Vivian Shaffran
Regie Tandlich Buchsbaum	Sarah Koppelman	Herman I. Shaffran
Bella Chacker	Regina Koppelman	Sarah Sherman
Benjamin Chalfin	Dorothy F. Kotin	Harriet Slotkin
Nathan Alexander Cohen	Henrietta Varbalow Kravitz	Herman M. Steinberg
Samuel Hyman DeWolf	R. Samuel Lam	Jennie Steinberg
Mollie Dubin	Albert M. Lam	Clara Sternberg
Pearl F. Eisen	Joseph B. Leeb	Mildred Sussman
Robert Feld	Mildred Lichtenstein	Jennie Waxman
Joseph Fleisher	Rachel Markel	Muriel Weiss
Anna Freedman	Rochelle M. Mason	B. Jayne Whiteman
Lottie Freeman	Bertha B. Mass	David Winick
Sadie Z. Friedman	Bernard P. Metzman	Sigmund M. Witz
Sada U. Fuhrman	Rhoda Nadel	Frank L. Young



REMINDER: All services are now in person at AJ and available via Zoom. Please continue to register for Friday evening and Saturday morning services by going to tinyurl.com/Services-June24 or by using the service sign-up form link in the weekly email or on the AJ website. Your registration will help keep the building secure. Thank you!

PARASHAT BEMIDBAR

MAFTIR

Joshua Gold

in memory of Aaron A. Gold

BIBLICAL SYMBOLS, PATRIARCHS, AND MATRIARCHS

ALİYOT

P'SUKIM

Marsha Berman — Numbers 5:6

Rabbi Seymour Rosenbloom

for all your kindnesses to the Wilderman and Berman families

BIBLICAL NAMES

Nettie Goodman — Moses

in memory of Morris Goodman

Prayer for Our Country and Our World

Rav Shai Cherry

May it be Your will *Adonai Eloheinu v'Elohei avoteinu*,
That the leaders and advisors stewarding our planet
Be graced with Your light and wisdom.

May the insight that every human is created in Your image
Animate our pursuit of liberty and justice for all,
And give to bigotry no sanction.

May our leaders wed justice to mercy as they contend
With emerging challenges and dire threats.

May our government's checks and balances safeguard the ideals and
Free institutions which are the pride and glory of our country.

May our leaders forsake immediate gratification to pursue long-term weal.
May they be faithful to our founders' motto: *E pluribus unum*,
To promote conditions for a common bond in true harmony.

"He has told you what it is to be good.
What the Lord demands from you:

Only this—Do justice and lovingkindness,
And walk modestly with your God."

Bless us, O Lord, with the fortitude to free the fettered, raise the fallen,
Straighten the bent, bind the wounded, and heal the afflicted.

May rivers of righteousness overflow, sprouting seeds of justice along the banks,
Until peace fills the earth as water fills the sea.

As our ancestors responded to God's call,
So will we, together, *Hineinu*.

Prayer for the State of Israel

אָבינו שְׁבַשְׁמַיִם, צוּר יִשְׂרָאֵל וְגוֹאֲלוֹ, בְּרַךְ אֶת מְדִינַת יִשְׂרָאֵל, רֵאשִׁית
צְמִיחַת גְּאֻלְתָּנוּ. הִגֵּן עָלֵינוּ בְּאַבְרַת חֶסֶדְךָ וּפְרוֹס עָלֵינוּ סִכַּת שְׁלוֹמְךָ

Avinu she-ba-shamayim, tzur Yisrael v'go-alo bareikh et m'dinat yisrael, reishit tz'mihat g'ulateinu. Hagein aleha b'evrat hasdekha, u-f'ros aleha sukkat sh'lomekha.

Avinu she-ba-shamayim, stronghold and redeemer of the people Israel:
Bless the State of Israel, the beginning of our redemption. Shield it with
your love; spread over it the canopy of your peace.

The Congregation's Torah

The image above highlights the donations to the Congregation's
Torah that have been made in the past years, related to
this week's Torah portion (Parashat Hashavua).
Visit www.CongregationAJ.org for more information.

UPCOMING EVENTS AND ANNOUNCEMENTS

Summer Wednesdays, continuing through August 21: Walking with Wonder. Are you looking for ways to connect with friends and nature? Walk with us! Meet Beth Shapiro at AJ in the downstairs lobby at 6:00 PM... walking, talking, silence, and nature-watching welcome! Bring your children, bring a pet, or bring a friend! Walks will be one mile or less, weather permitting.

Tuesday, June 11, at 7:00 PM and Wednesday, June 12, at 9:30 AM: Shavuot Programs. We'll round out a year of discussion about weighty topics on an encouraging note when we welcome David Arnow, Ph.D. Dr. Arnow is a psychologist and a scholar of the festival of Passover. His Shavuot presentations will be based on his latest book, *Choosing Hope: The Heritage of Judaism*. *Choosing Hope* journeys from biblical times to our day and explores nine fundamental sources of hope in Judaism. He will present Part 1 on Tuesday evening and Part 2 on Wednesday during Luncheon. On Tuesday evening, Rav Shai will also be teaching, both before and after Dr. Arnow's presentation. And, of course, there will be the ubiquitous cheesecake. Dr. Arnow graduated from Brandeis University and earned his doctorate at Boston University in 1982. A writer with decades of leadership experience in the non-profit sector, he is the author of *Creating Lively Passover Seders*, co-editor of *My People's Passover Haggadah*, and co-author of *Leadership in the Bible: A Practical Guide for Today*. Use the June Online Services Sign-up form to register for both.

Thursday, June 13: Rise Against Hunger Packing Event. WE NEED YOU! Join us in the Orleans Auditorium from 5:00 to 7:00 PM to help pack food for the food-insecure! We have space for 40 to 80 people, of any age. Rise Against Hunger (RAH) is a non-profit organization based in New York that sends food to areas of our world that are significantly impacted by hunger and malnutrition. Adath Jeshurun has raised money to host an event for packing meals that RAH will send out to 10,000 people in regions of the world where hunger is a major issue. To register, go to <https://tinyurl.com/AJ-RAH-061324>. Please note: we have raised all of the funds necessary to support this event but when you register, feel free to contribute to the RAH packaging event we are planning for next spring.

Tuesday, June 18: AJMA Trip to the Jewish Heritage Night Phillies Game. This event is sold out!

Friday, June 21: Kabbalat Shabbat with Strings Attached. Unplug from a busy week with an acoustic Shabbat service led by Hazzan Howard Glantz with familiar tunes that will put a smile on your face and a song in your heart. For all ages, from babies to bobbies. Bring your friends for this relaxed, casual, and enjoyable service! Then stay for Oneg Shabbat (lite dinner bites and gathering with friends). Register using the June Online Service Sign-Up form. 6:15 PM.

Tuesday, June 26: Bereavement Support Group with Rav Hazzan Glantz. Rav Hazzan Glantz leads this monthly gathering specifically designed to foster a secure, confidential, and non-judgmental environment that encourages individuals to freely express their emotions. Irrespective of the time elapsed since one's loss, everyone is welcome to participate, as there are no qualifying or disqualifying criteria. A warm invitation is extended to everyone interested in attending these meetings. A warm invitation is extended to everyone interested in attending these meetings. Feel free to contact Rav Hazzan Glantz in advance with any questions (hglantz@gmail.com or 215.635.6611, ext. 122). Following evening minyan at 7:30 PM at AJ.

Friday, June 28: Devotion by the Ocean. Kabbalat Shabbat at the beach, with a live band...what could be better? For more information, please visit www.ShiratHayamNJ.org or call 609.822.7116. Newport Avenue Beach, Ventnor, NJ 08406 (behind the Ventnor Library). Presented by Shirat Hayam Downbeach Synagogue, Ventnor, NJ. Devotion by the Ocean dates this summer: June 28 (C), July 5 (C), July 19(C), August 16 (R), and August 23 (C). C = Conservative; R = Reform.

Orange County Community Scholar Program (CSP). AJ, dedicated to the Jewish value of learning for its own sake (*Torah lishmah*), has a partnership with the Orange County Community Scholar Program (CSP). You can find details on the May programs and the presenters, as well as register, at <https://ocdsp.net/csp-online-zoom-events/>. If you register and can't attend, a link will be sent after the event to a recording.

Take a look at the AJ Community Bulletin Board. In blog format, we'll be letting you know about things we think may be of interest to you. You'll find non-AJ events that are happening in the Elkins Park community and beyond, thoughts from Rav Shai, content concerning Israel, etc. Check it out at <https://www.adathjeshurun.info/bulletinboard!>

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Look for a list of engaging summer events at AJ coming soon!

TO RSVP: You can find most AJ events on the **Events and RSVP webpage** on the AJ website. Go to www.CongregationAJ.org and click on "Events and RSVP" in the top menu bar. This page lists upcoming events and their descriptions. Just click on the event name (in blue) to go to the registration form.

Congregation Adath Jeshurun

Established in 1858, our congregation was one of the founding members of the United Synagogue of America. Men and women worship with equal standing in our services which, while grounded in Jewish tradition, seek to respond to the modern intellectual, spiritual, and aesthetic needs of today's congregants. In 2004, our congregational family grew with the addition of Oxford Circle Jewish Community Centre-Brith Israel. Our unique prayer book, *Seder Avodah*, was compiled, edited, and translated by Rabbi Max D. Klein, of blessed memory, who was our spiritual leader from 1910 until 1960. It was extensively revised and reissued under the direction of Rabbi Seymour Rosenbloom in 2008, as part of our 150th Anniversary year, and dedicated by Marvin N. and Mildred W. Demchick.

As members of the Conservative movement, we expect all men to wear a *kippah*/head covering during religious services. Jewish men are further requested to wear a *tallit*/prayer shawl during morning services. Women are also encouraged to observe these practices. Both men and women are required to wear a head covering when ascending the *bima*, particularly when called to the Torah for an *aliyah*. We request that you enter or exit the sanctuary only when the congregation is seated.

If you must have your cell phone with you, please silence it. Smoking is not permitted in the building or on the grounds. Guests are reminded that photography is not permitted on Shabbat.

We offer an audio enhancement system. Please ask an usher for a personal headset and receiver. The systems are to be returned to the ushers prior to leaving the synagogue. Please note that a large-print *Seder Avodah* is also available from the ushers.

We at Adath Jeshurun are proud of our award-winning religious, education, music, and youth programs, and our nationally accredited preschool. Our congregation offers a full calendar of religious, educational, and cultural events through Men's and Women's Associations, Adult Education, Social Action (AJ Acts), L'olam (Judaism and the environment), and B'Bayit (catering) committees.



Contributions to Adath Jeshurun to honor B' Mitzvah celebrations, births, weddings, or in memory of loved ones is greatly accepted.
Please contact the office for more information.