



Welcome to High Holiday services at Adath Jeshurun.

Congregation Adath Jeshurun is an inclusive, egalitarian Conservative synagogue.
All are welcome irrespective of gender, race, or sexual orientation. We welcome
dual-faith families who want to be involved in the Jewish community.

PROFESSIONAL STAFF

Shai Cherry, Rabbi
Howard K. Glantz, Hazzan
Tracey Perchick,
Early Learning Center Director
Amy Devine-Stretch, Office Manager
Calvin Thompson,
Building Supervisor
Beth Shapiro,
Programming Director
Beryl Rosoff-Verbit,
Administrative Assistant
Marjorie Trager, Graphic Designer
and Publicity
Seymour J. Rosenbloom,
Distinguished Service Rabbi
Charles S. Davidson,
Hazzan Emeritus

SYNAGOGUE OFFICERS

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Dr. Harry Lessig, Exec. Vice President
Doug Karan, Vice President
Mark Schwartz, Vice President
Tammy Zebovitz, Vice President
Steven Strauss, Treasurer
Howard Goldman, Secretary
Judy Stutman Izes,
Immediate Past President

TRUSTEE OFFICERS

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Judy Stutman Izes, Vice Chairman
Anne S. Fassler, Secretary

CONSTITUENT GROUP PRESIDENTS

Howard Goldman
President, Men's Association
Karen Moses
President, AJWA Sisterhood
Lorna Rosenberg
President, L'olam

ROSH HASHANAH, DAY I
September 16, 2023 | 1 Tishrei 5784

TORAH READING
Genesis 21; Numbers 29:1–6
Page 230

HAFTARAH READING
I Samuel 1:1–19
Page 250

TORAH READERS
Barry Montague Michael Montague Harris Lewin Marc Lewin
Adam Lewin Melanie Lewin Rory Glantz

MAFTIR READER
Morey Smerling

HAFTARAH READER
Richard Zeises



ALIYOT

#1

Steve Strauss

#2

Ann Kalmanor

#3

Violet Zeitlin

#4

Merril Stup and Leslie Sokolow

#5

Frank Platt

#6

Curt Alloy & Wendy Demchick-Alloy

#7

Fred Shocket

#6

Richard Zeises



CHOIR

Under the direction of Julia Zavadsky

Accompanist: Soyeon Bin

Celia Bluestine
Eric Bluestine
Deborah Seltzer Cohen
Mario Delano

Dicky Dutton
Steve Eddy
Joel Kutner
Donna Levin

Rachael Lipson
Kethrellan Peterson
Mindy Rubinlicht

ROSH HASHANAH, DAY II
September 17, 2023 | 2 Tishrei 5784

TORAH READING
Genesis 22; Numbers 29:1–6
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HAFTARAH READING
Jeremiah 31:10–20
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TORAH READERS
Donna Levin Sharon Katz Robert Dromboski Gail Schwartz Marjorie Shribman

MAFTIR READER
Morey Smerling

HAFTARAH READER
Allan Freedman



ALIYOT

#1
Skip Atkins

#2
Pamela Maman

#3
Frank Feinberg

#4
Wendy Fein Cooper

#5
Ed and Karen Moses

#6
Allan Freedman



HIGH HOLIDAYS SERVICE SCHEDULE

ROSH HASHANAH, DAY I

Friday, September 15	Evening Service	6:00 PM
Saturday, September 16	Day I, Morning Service	9:00 AM
	Early Childhood Service	10:30 AM
	Evening Service	6:00 PM

ROSH HASHANAH, DAY II

Sunday, September 17	Day II, Morning Service	9:00 AM
	Ceremony of Blessing for Children Born Since Last Rosh Hashanah	10:00 AM
	Tashlich	6:15 PM
	Minhah, Ma'ariv	7:00 PM

YOM KIPPUR

Sunday, September 24	Kol Nidre Service	6:00 PM
	Teen Discussion	8:00 PM
Monday, September 25	Yom Kippur Morning Service	9:00 AM
	Family Service	9:30 AM
	Yizkor	approx. 12:15 PM
	Fast Ends and Havdalah Begins	7:00 PM
	Service Ends	7:20 PM
	Break the Fast (by reservation only)	7:30 PM

SUKKOT

Friday, September 29	Evening Service	6:00 PM
Saturday, September 30	Morning Service	9:30 AM
	Evening Service	6:30 PM

SHEMINI ATZERET/SIMHAT TORAH

Friday, October 6	Minhah, Ma'ariv	6:00 PM
	Family Hakafot	6:45 PM
Saturday, October 7	Morning Service, Including Yizkor	9:00 AM
	David and Elissa Waldstein will be our Simhat Torah honorees!	

YAHREZEITS

ROSH HASHANAH, DAY I September 15, 16, 2023 | 1 Tishri 5784



Lillian Ackerman
Mathew Address
Maxine Bernstein
Esther Blank
Calvin Blankfield
Isaac Bloch
Fannie L. Bloch
Abraham Bornstein
Sylvan Braun
Rosa Cohen
Lena Cohen
Charles Daroff
Goldie Davidson
Mildred W. Demchick
Ella Loewenstein Ginns
Eva Goldman
Dr. Benjamin Goodis
Samuel Edwin Goren
Ena Fischer Guggenheim
Carrie Gunther
Morris Halpern
Hugo Hartman
Samuel Heidelberger

Betty Hoffman
William Saul Hunn
Louis Hyman
Bella Jacobson
Herman E. Jacoby
Edward Alan Jaspán
Selma Kimmelman
Sara Ann Kirsh
Lazar Hersch Kleit
Herbert David Kornstein
Nate Levy
Dr. Murry Eli Levyn
Bessie London
Frances London
Simon Makransky
Louis Marshall
Aaron E. Miller
William M. Moldawer
David S. Molod
Sylvan Muchnick
Edward Muchnick
Cyril B. Myers
Melvin J. Nadel

Dr. Albert Nemez
Katie Nemir
Louis Newman
Selma Nones
Elias Oberfeld
Myra Steiger Oswald
Gita Faga Pasternack
Harry Platowsky
Minnie Stern Ronkin
Barbara B. Rubenstein
Abraham Schneeberg
Paul Sloan
Sarah Smith
Rebecca Snader
Herman Spiller
Rudolph Sternberg
Sylvia Titman
Rachel Tubis
Harry Warren
Harry A. Warshaw
Stanley Judah Weiss
Dr. David Zipin

ROSH HASHANAH, DAY II September 16, 17, 2023 | 2 Tishri 5784



Jennie Alkus
William M. Dattner
Alfred E. Garfinkel

Kate Green
Joseph W. Messey, M.D.
Israel Rechtman

William Meyer Singer
Sophie Winokur
Abraham Witz

FORGIVING OTHERS

I extend complete forgiveness to all who have sinned against me, all who have done me wrong, whether deliberately or by accident, whether by word or by deed. May no one be punished on my account. And just as I forgive everyone, so may You grant me favor in every person's eyes, so that he will grant me complete forgiveness.
(*Tefilla Zakah*, recited prior to Kol Nidre on Yom Kippur, Rabbi Abraham Danzig, 18th/19th c.)

Forgiveness is not a matter of exonerating people who have hurt you [or reconciling with them]. They may not deserve exoneration [or reconciliation]. Forgiveness means cleansing your soul of the bitterness of "what might have been." Someone has defined forgiveness as "giving up all hope of having had a better past."
(Harold Kushner, *Overcoming Life's Disappointments*, p. 168)

Every seventh year you shall practice forgiveness of debts (*shmittah*). Dt. 15:1 In this year of *shmittah*, we must also forgive even those who have not asked for forgiveness.

TESHUVAH (REORIENTATION/REPENTANCE)

1. For if repentance means anything, it points to a radical human freedom, especially to the possibility of freeing ourselves from the effects of our own past transgressions. The past does not determine the future.... In the most profound sense, no choice we made in the past is final or irredeemable, and even our most awful misdeeds can propel us in a radically new direction.
– Louis Newman, *Repentance*, p. 48
2. *Teshuvah* is an act of creation, of self-creation.
– Rav Joseph Baer Soloveitchik, *Halakhic Man*, p. 110
3. A person must repent from negative qualities, not just deeds. He must repent for anger, hatred, envy, frivolity, and the pursuit of money, honor, gluttony, etc...
– Rambam, h. Teshuva 7:3
4. Humans are extensions of God, in a very real sense the vehicles through whom God's own goodness becomes manifest in the world....Sins thus not only offend God, they diminish God.
– Louis Newman, *Repentance*, p. 24
5. *Teshuvah* invites us to see our failures as opportunities to transform ourselves by transforming the roots of evil within us into sources of goodness.
– Louis Newman, *Repentance*, p. 197
6. Hasidic sources emphasize that *teshuvah* is less about the repair of something broken than it is about the possibility of completely transcending the past.
– Louis Newman, *Repentance*, p. 199
7. True soul searching (*cheshbon nefesh*) is basically all-embracing, penetrating every aspect of one's world.... As long as the matter in question is assessed on the basis of the same fundamental assumptions with which one started out, the errors in the account will remain standing until some disaster occurs to reveal the defect.... Soul searching, on the hand, obliges one to look afresh at those things that seem to be whole, good, and beautiful.
– Adin Steinsaltz, "Soul Searching," *Contemporary Jewish Religious Thought*

SELECTED TRANSLITERATIONS

L'Shanah Tovah Friends,

Hebrew is a beautiful and sacred language. There is often great spiritual benefit to being immersed in the Hebrew characters and their sounds. As such, I offer this transliteration Mahzor companion. Please feel free to utilize this addition as a means to open your heart, fill your soul with song, and allow our communal prayers to be heard. If you wish assistance to develop a greater appreciation and facility of our ancient language, my door is open and I am eager to assist.

L'shalom, Hazzan Howard K. Glantz

Shacharit

P. 164 Nishmat Kol Chai — three indented congregational responses:

- Min ha'olam v'ad ha'olam, Atah El
- Ein lanu Melekh elah Atah
- Lecha levad'cha anachnu modim

P. 178 Ahavah rabah ahavtanu, Adonai Eloheinu, chemlah g'dolah viteirah chamalta aleinu. Avinu Malkeinu ba-avur avoteinu, ba-avur avoteinu shebat'chu v'cha. Vat'lamdeim chukei chayim, kein t'choneinu u'lamdeinu, Avinu ha'Av haRachaman.

P. 180 Sh'ma/Ve'ahavta

Sh'ma/Yisrael, Adonai Eloheinu, Adonai Echad.

We whisper this line except on Yom Kippur:

Baruch Sheim kevod, mal'chuto l'olam va'ed.

Chanted to trope:

Ve'ahavta et Adonai Elohecha, b'chol levavecha, uv'chol nafshecha, uvechol meodecha. V'hayu hadvarim ha'eleh, asher anochi m'tzavecha hayom, al levavecha. V'shinantam l'vanecha v'dibarta bam, b'shivt'cha b'veitecha, uv'lecht'cha vaderech, uv'shochb'cha, uv'kumecha. Uk'shartam le'ot al yadecha, v'hayu l'totafot bein einechah, uchetavtam al mezuzot beitecha uvish'arecha.

P. 186 Mi chamocha ba-eilim Adonai? Mi kamocha nedar bakodesh? Norah t'hilot Oseh fele?

Shira chadashah shib'chu g'ulim L'shim'cha al s'fat hayam Yachad kulam hodu v'himlichu v'am'ru: "Adonai Yimloch l'olam va-ed!"

SELECTED TRANSLITERATIONS (CONT.)

The Torah Service Rosh HaShannah

P. 222 Ein kamocha vaElohim Adonai, V'ein k'ma'asecha.
Malchut'cha malchut kol olamim, umemshalt'cha b'chol dor vador.
Adonai Melech, Adonai Malach, Adonai yimloch l'olam va'ed.
Adonai oz l'Amo yitein, Adonai y'vareich et Amo vashalom.

Av harachamim, Heitivah virtzon'cha et Tzion, Tivneh chomot Y'rushalayim, (2x)
Ki v'cha l'vad batachnu, Melech Eil ram v'nisah, Adon olamim.

The Ark is opened.

Vay'hi binsoa ha'aron, vayomer Moshe, kumah Adonai v'yafutsu oy'vecha,
veyanusu mesanecha mipanecha. Ki mi Tzion tetzeh Torah (2x) Ud'var Adonai miYerushalayim.
Baruch sheNatan Torah, Torah (2x) le'Amo Yisrael bik'dushato.

Known as the thirteen attributes of G-d (Exodus 34:6-7), these words are said three times in a row only in the morning services (omitted on Shabbat).

Adonai Adonai, El rachum v'chanun, Erech apayim v'rav chessed ve-emet;
Notser chessed la-alafim, Nosey avon vafesha v'chata'ah v'nakeh.

P. 224 Va'ani tefilati Adonai et ratzon; Elohim b'rov hasdechah aneini b'emet yisheicha

The sifrei Torah are held and the congregation repeats after the next two lines:

P. 226 Shema Yisraeil, Adonai Eloheinu, Adonai Echad
Echad Eloheinu, Gadol Adoneinu, Kagosh Sh'mo
Gadlu LAdonai iti, unerom'mah Shemo yachdav

A sefer Torah is lifted.

V'zot ha-torah asher sam Moshe lifnei b'nei yisrael al pi Adonai b'yad Moshe.
Al pi Adonai yachanu, v'al pi Adonai yisa'u, et mishmeret Adonai shamaru,
Al pi Adonai b'yad Moshe. V'atem had'veikim bAdonai Eloheichem, chayim kulchem hayom.
Baruch sheNatan (2x) Torah, le'Amo Yisrael bik'dushato.

We process with the sifrei and the aliyot and readings come next.

Lecha Adonai hagedulah, vehagvurah, vehatiferet, vehanetzach vehahod. Ki chol bashamayim
u'varetz, lecha Adonai hamamlacha ve'hamitnaseh lechol lerosh.
Romemu (2x) Adonai Eloheinu v'hishtahavu (2x) lahadom raglav Kadosh Hu.
Romemu (2x) Adonai Eloheinu v'hishtahavu (2x) l'harkodsho,
ki Kadosh Adonai Eloheinu.

P. 268 Prayer for the State of Israel

Avinu shebashamayim, Tzur Yisrael ve'goal, barech et Medinat Yisrael, reishit
semichat geulateinu.

SELECTED TRANSLITERATIONS (CONT.)

P. 288 Returning the sifrei Torah

Eitz chayim hi lamachazikim bah, v'tom'cheha m'ushar.
D'racheha darchei noam v'chol n'tivoteha shalom.
Hashivenu Adonai eilecha v'nashuva, chadesh yameinu k'kedem.

The following are texts in the Amidah that are commonly sung, some are unique to the High Holy Days, others are sung year-round.

P. 190 Shacharit / P. 294 Musaf

Mechalkeil chayim b'chesed, Mechayei meitim b'rachamim rabim, Someich nof'lim, v'Rofei cholim, uMatir asurim, uM'kayeim emunato lisheinei afar. Mi chamocha Baal gevurot? Umi domeh Lach? Melech Meimit uM'chayeih, uMatzmiach y'shuah. Mi chamocha Av harachaman, zocheir y'tzurav l'chayyim b'rachamim.

P. 330 Musaf

Unetaneh tokef kedushat hayom, Ki hu norah v'ayom. Uvo tinasei malchutecha. V'yikon b'chesed kisecha. V'teiseiv alav be'emet.

P. 332 Musaf

B'Rosh HaShanah yikateivun, uv'yom tzom kippur yeichateimun.

P. 334 (bottom) Musaf

Ein Kitz'va lish'notecha, v'ein keitz l'orech yamecha, v'ein l'sha'eir mark'vot k'vodecha, v'ein l'fareish ilum sh'mecha. Shimcha na'eh lecha, v'Atah na'eh lishmecha. Ush'meinu karata bish'mecha. Asei l'ma'an sh'mecha, v'kadeish et shimcha al makdishei sh'mecha. Ba'avur k'vod shimcha hana'artz v'hanikdash. K'sod siach sarfei kodesh, hamakdishim shimcha bakodesh. Darei Malah im darei mata.

P. 200 (bottom) Shacharit / P. 346 Musaf

Ata v'chartanu mikol ha'amim, ahavta otanu v'ratzita banu. v'romamtanu mikol hal'shonot, v'dkidashtanu b'mitzvotcha, v'keravtanu malkeinu la'avodatecha. V'shimcha hagadol vehakadosh, aleinu karata.

P. 206 Shacharit / P. 376 Musaf

Sim shalom tovah u'vracha chein v'chesed v'rachamim, aleinu v'al kol Yisrael amecha. Barchenu Avinu kulanu k'echad b'or panecha, ki b'or panecha natata lanu, Adonai Eloheinu, Torat chayim v'ahavat chesed, u'tzedakah u'vracha v'rachamim v'chayyim v'shalom v'tov b'einecha l'varech et amcha Yisrael b'chol eit u'vchol sha'ah bishlomecha.

B'sefer chayim, bracha v'shalom, ufarnasah tovah. Nizacher v'nikatev l'fanecha, anachnu v'chol amcha beit Yisrael, l'chayim tovim ul'shalom.

SELECTED TRANSLITERATIONS (CONT.)

P. 210 Shacharit

Avinu malkeinu, chonenu va'anenu, Avinu malkeinu, chonenu va'anenu, ki ein banu
ma'asim,
Asei imanu, tzedakah vachessed, Asei imanu, tzedakah vachessed, v'hoshienu.

P. 378 Musaf

<u>Hayom T'amtzeinu</u> Amen.	Hayom tishma shavateinu, Amen.
Hayom t'varkheinu, Amen.	Hayom t'kabeil b'rachamim uv'ratzon et
Hayom t'gad'leinu, Amen.	tefilatieinu, Amen
Hayom tidr'sheinu l'tovah, Amen.	Hayom titm'kheinu bimin tzidkekha, Amen.
Hayom tikht'veinu l'chayim tovim, Amen.	

P. 382 Conclusion

Ein keloheinu, ein kadoneinu, ein kemalkeinu, ein kemosheinu.
Mi keloheinu, mi kadoneinu, mi kemalkeinu, mi kemosheinu.

Nodeh leloheinu, nodeh ladoneinu, nodeh lemalkeinu, nodeh lemosheinu.
Baruch eloheinu, baruch adoneinu, baruch malkeinu, baruch mosheinu.

Ata Hu Eloheinu, Ata Hu adoneinu, Ata Hu malkeinu, Ata Hu mosheinu.
Ata Hu shehiktiru avoteinu lefaneicha et ketoret hasamim.

P. 390

<u>Adon olam</u> asher malach, B'terem kol y'tzir niv-ra. L'eit na'asah b'cheftzo kol, azai Melech sh'mo nikra.	B'li reishit b'li tachlit, V'lo haoz v'hamisra.
V'acharei kichlot hakol, L'vado yimloch nora. V'hu hayah, v'hu hoveh, V'hu yihyeh, b'tifarah.	V'Hu Eili v'chai goali V'tsur chevli b'eit tsarah. V'Hu nisi umanos li, M'nat kosi b'yom ekrah.
V'hu echad v'ein sheni, L'hamishil lo l'hachbirah.	B'yado afkid ruchi, B'eit ishan v'a'irah. V'im ruchi g'vi'ati, Adonai li v'lo ira.

We recess to the receiving line with these words sung to the nusach of the High Holy Days:

L'shanah tovah tikateivun, v'techateimun

Wishing you a year of goodness, fulfillment and meaning. May you be inscribed and sealed in the Book of Life for a sweet and healthy new year.

SOURCES FOR ROSH HASHANAH

“Some knotty issues I had planned to work on no longer seemed knotted; they passed into my field of awareness and then passed out, not so much solved as released.”

Michael Pollan, This is Your Mind on Plants

“Our acts of voluntary attention, brief and fitful as they are, are nevertheless momentous and critical, determining us, as they do, to higher and lower destinies.”

William James, Talks to Teachers

As civilization advances, the sense of wonder declines. Such decline is an alarming symptom of our state of mind. Humanity will not perish for want of information; but only for want of appreciation. The beginning of our happiness lies in the understanding that life without wonder is not worth living. What we lack is not a will to believe but a will to wonder. Indifference to the sublime wonder of living is the root of sin.

Abraham Joshua Heschel

As we begin a new year—“the season of hope,” as Herman Wouk once called it—the Torah readings set before us a choice: despair versus hope. Judaism wants us to choose hope and to treat others in a manner that will enable them to do the same.

Dr. David Arnow, Choosing Hope: The Heritage of Judaism

“Earth’s crammed with heaven,
And every common bush afire with God,
But only he who sees takes off his shoes;
The rest sit round and pluck blackberries.”

Elizabeth Barrett Browning

Music is more than just expressiveness. It is rather a reaching out toward a realm that lies beyond the realm of verbal propositions. Verbal expression is in danger of being taken literally – the Amelia Bedelia trap-- and of serving as a substitute for insight. Words become slogans, slogans become idols. But music is a refutation for human finality. Music is an antidote to higher idolatry. While other forces in society combine to dull our mind, music endows us with moments in which the sense of the ineffable becomes alive.

Abraham Joshua Heschel, “The Vocation of the Cantor”

“Awe awakens the better angels of our nature.”

Dacher Keltner, Awe: The New Science of Everyday Wonder and How it Can Transform Your Life

When the doors of perception are cleansed, those moments of dazzling clarity and startling insights, afford us the experience of awe.

William Blake

There is truly nothing beside Him. The visible worlds appear to be an entity and something separate in itself only to our eyes because of the concealment and the great number of withdrawals.... Everything is only His divinity.”

Rabbi Shneur Zalman of Liadi, founder of HaBaD Hasidism

A religious man is a person who holds God and man in one thought at one time, at all times, who suffers in himself harm done to others, whose greatest passion is compassion, whose greatest strength is love and defiance of despair.

Abraham Joshua Heschel, “What Ecumenism Is”

Each person is one of the infinite variety of masks behind which the One hides itself and through which the One is revealed.

Arthur Green, “Da’at: Universalizing a Hasidic Value”

UPCOMING EVENTS

Wednesday, September 20: Last Day to Order Lulavim and Etrogim for Sukkot! Call the synagogue office at 215.635.6611 to order. Small, \$40; Large, \$48.

Wednesday, September 20: AJ Bereavement Support Group. Rav Hazzan Glantz leads this monthly gathering specifically designed to foster a secure, confidential, and non-judgmental environment that encourages individuals to freely express their emotions. Irrespective of the time elapsed since one's loss, everyone is welcome to participate, as there are no qualifying or disqualifying criteria. A warm invitation is extended to everyone interested in attending these meetings. Feel free to contact Rav Hazzan Glantz in advance with any questions. Following evening minyan at 7:30 PM at AJ.

Monday, September 25: Break the Fast. Break your fast with us on Yom Kippur at approximately 7:30 PM. We'll have all of your favorite Break the Fast fare including lox, whitefish, herring, kippered salmon, bagels and cream cheese, kugel, cheese, lettuce and tomato, fruit, assorted cakes, and beverages. The cost is \$36 for adults, \$20 for children 6 to 12, and free for children under 6. Maximum for families: \$100. **Limited space is available; call the office ASAP.** Call Beryl Rosoff-Verbit in the synagogue office at 215.635.6611, send her an email at brosoff-verbit@adathjeshurun.info (include number of adults and children 6 to 12), return a registration form or sign up at <https://www.adathjeshurun.info/form/HHD-2023-5784.html>. You must be pre-registered to attend.

Wednesday, September 27: Annual Sukkah Decorating Pizza Party. The entire congregation is invited to join us as we prepare for Sukkot together. We'll congregate in the sukkah and eat, schmooze and hang decorations. Bring the kids and any decorations that you'd like to contribute (original artwork encouraged). Begins at 6:00 PM. Sign up at <https://www.adathjeshurun.info/form/HHD-2023-5784.html>. Proudly sponsored by the AJWA Sisterhood.

Thursday, September 28: Vaccination Clinic. For those who got the first Shingrix vaccination shot at AJ in July: Giant Pharmacy will be at AJ to provide the second Shingrix shot. No appointment needed.

Friday, September 29 – Thursday, October 5: Dinners in AJ's Sukkah. See page 15 for complete information.

Friday, October 6: Fall Clothing Drive. See details on page 14.

Wednesday, October 11: Exploring Judaism with Rav Shai. See page 13 for details.

Friday, October 13: Kabbalat Shabbat with Strings Attached. Unplug from a busy week with an acoustic Shabbat service led by Hazzan Howard Glantz with familiar tunes that will put a smile on your face and a song in your heart. For all ages, from babies to bobbies. Bring your friends for this relaxed, casual, and enjoyable service! Then stay for Oneg Shabbat (lite dinner bites and gathering with friends). 6:15 PM

Tuesday, October 17: AJ Fall Blood Drive. See details on page 14.

Wednesday, October 18: AJ Bereavement Support Group. See September 20 listing for details.

Orange County Community Scholar Program (CSP). AJ, dedicated to the Jewish value of learning for its own sake (*Torah lishmah*), has a partnership with the Orange County Community Scholar Program (CSP). You can find details on the September programs and the presenters, as well as register, at <https://ocscsp.net/csp-online-zoom-events/>. If you register and can't attend, a link will be sent after the event to a recording. You can see archived classes at <https://www.youtube.com/@ariekatz1861/videos>.

Calling All Artists! AJ has many talented congregants and we'd like them to share their work with the community at an AJ Art Fair. If you are an artist (either professional or amateur) and would like to exhibit/sell your work, go to <https://www.adathjeshurun.info/form/artists.html> to let us know. The final day to sign up is Monday, October 9. Local non-congregant artists are welcome. The show will be on Sunday afternoon, November 12. If you'd like to help us organize this, that would be awesome! Contact Maxine Croul at tennismax1@yahoo.com or Renee Winegrad at reneemurals@gmail.com.

Rosh Hashanah-Themed Healing Service

Last Wednesday evening, Rav Hazzan Glantz presented a meditative and musical healing service with a Rosh Hashanah theme, and will be holding these sessions regularly this year. Here's the link: <https://tinyurl.com/RH5784-Healing> or scan the QR code.





A series of classes for
non-Jews and interfaith couples

Exploring Judaism

WITH RABBI SHAI CHERRY, PHD

Exploring Judaism, with Rabbi Shai Cherry, PhD

Intended for non-Jews and/or interfaith couples. For those interested, these sessions will prepare such individuals for conversion to Judaism.

So much of what non-Jews absorb about Judaism is from popular culture where the priority is not accuracy. If you or someone you know would like something holistic and comprehensive, taught by an expert, *Exploring Judaism* is for you. Whether you're thinking about Judaism as a way of life for yourself, or you're just interested in learning more, *Exploring Judaism* offers 21 sessions divided into three trimesters focusing on belonging, behaviors, and beliefs. You can begin at any point in the trimester cycle.

Should you wish to pursue becoming Jewish, this course satisfies the educational requirements of conversion. The next trimester of *Exploring Judaism* will take place on Wednesdays, beginning October 11 at 7:30 PM at Congregation Adath Jeshurun in Elkins Park and via Zoom. The cost is \$100/trimester (free of charge for the Jewish spouse of an interfaith couple). Rabbi Shai Cherry, PhD, has spent over twenty years in universities and community education teaching about Judaism.

Beliefs Trimester: October 11, 18, 25; November 1, 8, 15, 22

Behaviors Trimester: Beginning January 24, 2024

Time: 7:30 PM–9:00 PM, at AJ or via Zoom

Anyone interested should call Rav Shai Cherry at 215.635.6611.



The word kikar means square, circle, and gathering place. That's our goal: squaring the circle of Jewish teen education through gathering teens for experiential education. We welcome teens in the 8th, 9th, and 10th grades (and higher).

This year's theme is Crimes and Consequences. (The themes for the other two years are "Living Long on the Land" and "Israel"). The calendar for Kikar is, like its content, wide-ranging. You can download the calendar for 5784 at <https://www.adathjeshurun.info/kikar-5784>. The first class starts on Sunday, November 5, with a tour of Jewish New York.

Gratz College has approved this class for college credit! For those of you in 9th and 10th grades (and higher) hoping to receive college credit, your attendance is expected as it would be in any other class. In addition to the syllabus linked to above, for-credit students will be expected to participate in 10 hours of inter-generational synagogue programming. Details to follow.

Seminars at Rav Shai's home will involve text study of various aspects of criminal law and procedure as well as Jewish versions of the death penalty. Our final will involve viewing Monty Python's movie *Life of Brian* to determine the accuracy of their portrayal.

This education is open to the community!

You can register at <https://tinyurl.com/kikar-5784>. Don't hesitate to contact Rav Shai at ravshai@adathjeshurun.info or 215.635.6611 for more information.

High Holiday Grocery Gift Card Drive 2023

2023 has been a challenging year for families facing financial hardship; compounded by SNAP assistance ending this past February. Food insecurity is significantly higher among those at or below poverty thresholds, with 46% of Jewish households that are at or below 200% of the federal poverty index identified as food insecure.

From September 11 through October 9

1. You can purchase grocery store gift cards to be distributed directly to clients of the Mitzvah Food Program so they can purchase items they need from their local grocery store. We recommend gift cards from **ShopRite, Acme, and Giant**, as these are the stores most easily accessible to our clients. **Gift card values up to \$50 are the most helpful.** Give any purchased cards to Amy Devine-Stretch or, if the office is closed, put it into the lock box to the right of the security doors that lead to the office area (near the keypad).
2. You can purchase food through the Mitzvah Food Program Amazon Wish List so that products are shipped directly to a pantry. You can find out more by going to tiny.cc/2023MFPOYR or by scanning the QR code at the right.



Jewish Federation
of Greater Philadelphia



Donate today, and give millions of Americans a sweet New Year - where they are not forgotten, not ignored, and certainly not hungry.

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To Hunger

(800) 813-0557 | mazon.org



Bring your gently used clothing, linens, and shoes to AJ!

Bins will be on the lower level of the synagogue from

Friday, Oct. 6 to Wednesday, Oct. 11

Please bag items and tie or bag shoes in pairs.

This year, all donations will be given to Purple Heart.

Take the opportunity to bring your donations to AJ when you come to attend the Family Hakafof on October 6!



**merican
Red Cross**

**nly y u c n fill
the missing types.**

Only 3 out of 100 Americans donate blood—and that's not enough to help patients in need.

Without more donors, patients will not have the type A, B, O, or AB blood they will need. You can help fill the **#MissingTypes** this fall.

Make a blood donation appointment today by going to RedCrossBlood.org.

**AJ's Fall Blood Drive
Wednesday, October 19
from 2:00 PM to 7:00 PM**

Calling All Carers!

We are looking to refresh our volunteer pool with folks who are able to help our congregants in moments of need.

Sometimes that's preparing a meal and delivering it. Sometimes it's a visit to someone who could use a friendly face. And sometimes it's just a phone call to check in. "Loving your neighbor as yourself" can take many forms! If you'd like to sign up to be on our Caring Community Committee roster, please contact the synagogue office at office@adathjeshurun.info or 215.635.6611.



Happy Sukkot!

Once again, we'll be celebrating Sukkot by gathering inside the AJ's sukkah and having dinner! See the offerings for each night below. All dinners will be followed by the evening service except for Friday, September 29, when the service will precede dinner. **Registration for each night is required, except where noted.** Go to <https://www.adathjeshurun.info/formHHD-2023.html>, look for the link in the weekly email, or fill out the form on the lower right. **RSVP no later than September 20.**

Friday, September 29, at 6:00 PM

Shabbat Dinner in the Sukkah. Howard Levin will be grilling chicken and serving sides! (\$18 per adult; \$50 per family.)

Saturday, September 30, at 6:00 PM

Bring Your Own Dairy Dinner to the Sukkah. (No charge.)

Sunday, October 1, at 6:00 PM

Sustainable Dinner in the Sukkah. Enjoy a plant-based dinner focused on local and organic ingredients. Prepared by L'olam. (\$5 per person.)

Monday, October 2, at 6:00 PM

Sandwiches in the Sukkah. We'll have chicken and veggie sandwiches in the sukkah. (\$5 per person.)

Tuesday, October 3, at 6:00 PM

Pizza in the Hut. We'll have pizza and salad in the sukkah. (\$5 per person.) (AJ Early Learning Center will enjoy pizza and salad from 5:00 PM to 6:00 PM.)

Wednesday, October 4, at 6:00 PM

Bring Your Own Dairy Dinner to the Sukkah. (No charge.) Join us in the sukkah with Israelis and American-Israelis for a frank discussion about what we don't know and /or don't understand about one another's cultures.

Thursday, October 5, at 6:00 PM

Baked Ziti in the Sukkah. Enjoy baked ziti and dessert in the sukkah. A gluten-free baked ziti will be available. Prepared by the AJWA Sisterhood. (\$5 per person.)



Shemini Atzeret | Simhat Torah 2023/5784

Friday, October 6 at 6:00 PM

Minhah-Ma'ariv and Family Hakafof followed by a Simhat Torah celebration

Bring your family and friends to help celebrate Simhat Torah with the AJ community!

Food and Drink, Candy Apples, Dancing, and Singing!

Saturday, October 7 at 9:00 AM

Morning Service including Yizkor, followed by lunch in the Sukkah

David and Elissa Waldstein will be our Simhat Torah honorees!

Please sign up for these events/services by using the online registration form at tinyurl.com/AJ-October2023-services

REGISTRATION FOR SUKKAH DINNERS

Please mail this form and your check to Adath Jeshurun, 7763 Old York Road, Elkins Park, PA 19027. (You can also register online at <https://www.adathjeshurun.info/form/HHD-2023.html>.)

Name _____

Phone # _____

Email _____

Please let us know below how many in your family will be attending.

Shabbat Dinner in the Sukkah (Friday, September 29) _____ x \$18 = _____

OR Family of up to four people \$50

☐ I/We require a vegetarian meal for Shabbat dinner.

Sustainable Supper in the Sukkah (Sunday, October 1) _____ x \$5 = _____

Sandwiches in the Sukkah (Monday, October 2) _____ x \$5 = _____

Pizza in the Hut (Tuesday, October 3) _____ x \$5 = _____

Baked Ziti in the Sukkah (Thursday, October 5) _____ x \$5 = _____

TOTAL \$ _____



CONGREGATION
ADATH JESHURUN

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