

## PRAYERS IN TIME OF ILLNESS

### *A Prayer for Healing*

רְפָאֵנִי יְהוָה וְאֲרַפֵּא.  
הוֹשִׁיעֵנִי וְאֹשְׁעָה. כִּי תִהְלֹתִי אֲתָה:

Heal me, Lord, and I shall be healed.

Help me, and I shall be helped. For thy love is my glory.

(Jeremiah, 17:14)

My God, Healer of Israel, I turn to thee in this time of illness and pray for strength and healing. Healer of the sick, the One who hears prayer, hear my prayer and supplication. Give me courage to bear my pain, faith to rely on thy love, and the power of hope that I shall recover. Bless the efforts of all my care-givers; give them the wisdom and skill to heal. Bless the love of all whose hearts yearn for my return to good health. Help me for the sake of my loved ones, and speed the day when I shall be able to give thanks for thy restorative healing. Amen.

### *A Prayer of Thanksgiving on Recovery from Illness*

My God, Healer of Israel, my heart is full of thanksgiving to thee for hearing my prayer. Thy presence in my time of anguish brought me courage; thy grace restored me to health and happiness. Give me now the moral strength to fulfill the resolutions for good that were in my heart when I was ill. May I be mindful of the love of those whose hearts were burdened with anxiety for me during my illness. In gratitude, may I serve thee through deeds of concern and compassion for all humanity. Blessed art thou, Lord our God, Ruler of the universe, for blessing me with life and restoring me to health and well-being. Amen.

בְּרוּךְ אַתָּה יְיָ רֹפֵא חוֹלִים:

Blessed art thou, Lord who heals the sick.